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**Why Taylor told Gigi
to dump new love Zayn**

Billie 'I've postponed
my wedding until after
baby No.2'

Reveal



A VERY FROSTY KISS

**The telltale signs that give away
Katie's true feelings**



**Inside Louis & Lucy's
SHOCK SPLIT**

ISSUE 06
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CHERYL

**I'm ready to be
friends with Ashley again**



MIAOW!

FERGIE

J.LO (yes, really!)

**CELEBS WHO
LOOK LIKE CATS!**



**CBB JEREMY
& STEPH**

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OLAY
ANTI-WRINKLE



Words: Wendy Biggs and Paula Jones Photos: Chrome Hearts / Laurie Lynn Stark, Dan Williams, Getty, Planephotos.co.uk, Rex Features



Kaia (left), with mum Cindy Crawford and bro Presley, is a mini-model beauty

A CHIP OFF THE OLD BLOCK

Cindy Crawford was one of the most in-demand supermodels of the 90s. She started her career at age 16, and celebrates her 50th birthday this month.

While Cindy's still modelling, last week all eyes turned to her beautiful daughter, Kaia Gerber, who made her professional debut as a fully-fledged adult model in a campaign for luxury American boutique Chrome Hearts.

However, we were shocked to learn that Kaia is still only 14. The modelling industry is really tough, as Cindy must know from first-hand experience, and we were surprised that she didn't keep her daughter out of the limelight until she was a bit more grown up and emotionally able to handle the rigours of the industry.

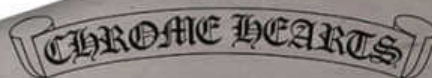
It's a cruel world, where girls are told to slim down if they are deemed overweight and are continually judged on their looks – after all, that's the nature of the biz.

Teen girls have a tough enough time negotiating the journey from adolescence to adulthood. The must be doubly difficult in the glare of the media spotlight so we reckon Cindy and hubby Rande Gerber must have thought about this carefully.

And, both Cindy and her husband have a background in the business, and know which pitfalls to avoid. Also, Kaia has been lucky enough to inherit her parents' fantastic genes, so she'll have a head start in modelling.

Something tells us we will be seeing a lot more of her...

See page 56-57 for more on Cindy's supermodel years



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INSIDE YOUR REVEAL THIS WEEK...

10 Fearne on life as a working mum

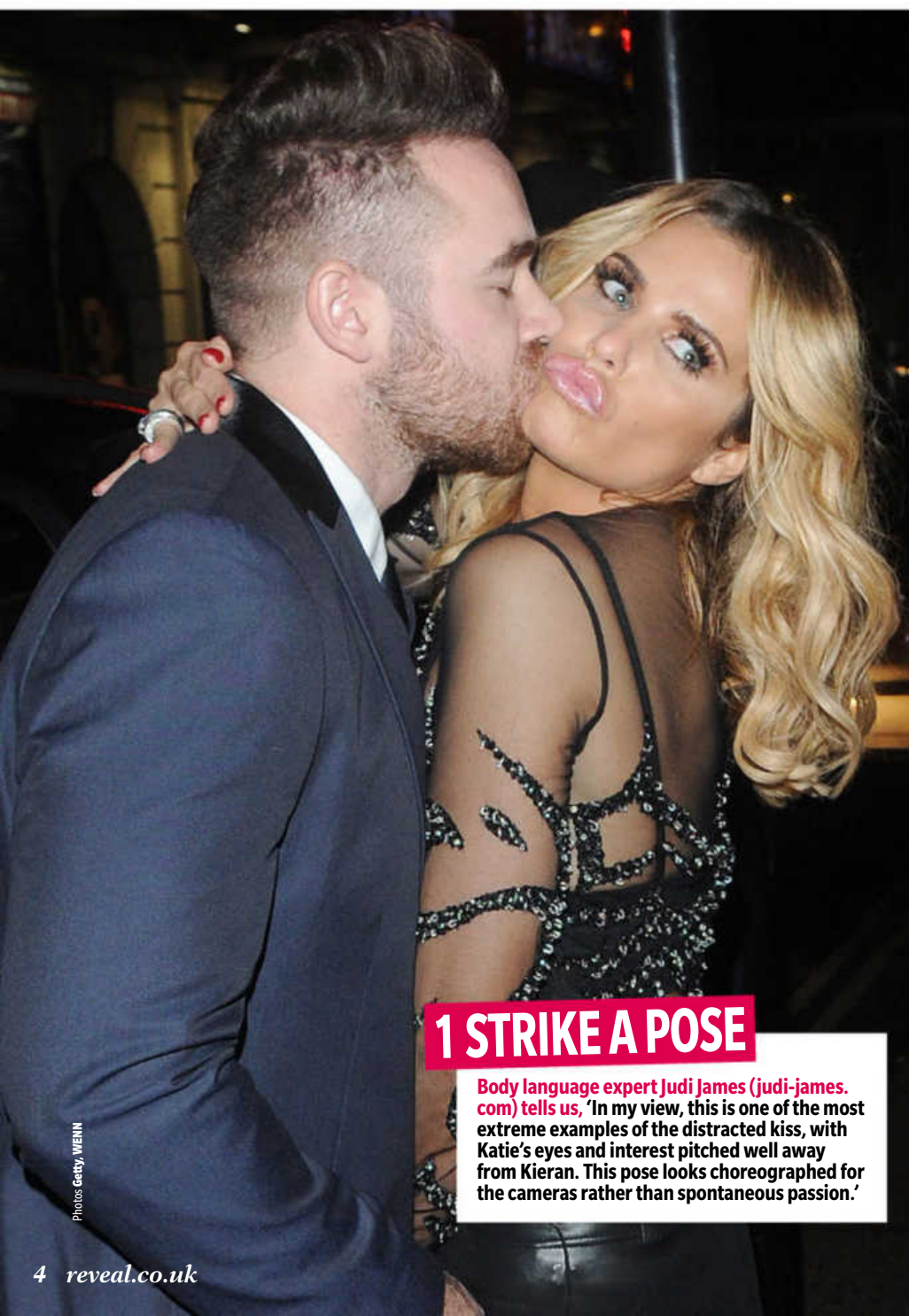
21 CBB's Darren and Danniella – the outsiders we love

55 The secrets to Khloé Kardashian's silky locks

43 Zoolander fashion special – Blue Steel alert!



MARRIED TO KIERAN... *but is Katie pining for Pete*



As Katie Price and Peter Andre's relationship turns a corner, friends are worried that Katie faces fresh heartbreak after growing closer to her ex and 'soul mate'

Katie Price and Peter Andre's marriage ended on a bitter note after four years in 2009, amid rumours of affairs, the pressure of a reality TV romance and after a tragic miscarriage.

Now, after seven years of the fiery former spouses rowing and taking thinly-veiled swipes at each other in the media, Katie, 37, who is now married to new husband Kieran Hayler, appears to have called a truce on her ongoing feud with Peter.

Yet close friends of Katie, who only last August admitted she 'idolised' Pete, have warned the mum-of-five that growing too close to her ex-husband could open old wounds and make her life harder.

A source tells us, 'Friends have noticed how Katie has literally thawed out in the past few weeks, as she builds a new relationship with Pete.'

'She's wanted this for years – to have Pete on the other end of the phone to talk to – with no lawyers and no third parties.'

'To the outside world, Katie is doing it for the kids – Katie and Peter have a son Junior, 10, and a daughter, eight-year-old Princess – but behind closed doors her ice queen exterior is melting at the thought of Pete being back in her life.'

CALLING A TRUCE

The true cause behind their split has always been shrouded in secrecy, but the High Court case Katie brought

1 STRIKE A POSE

Body language expert Judi James (judi-james.com) tells us, 'In my view, this is one of the most extreme examples of the distracted kiss, with Katie's eyes and interest pitched well away from Kieran. This pose looks choreographed for the cameras rather than spontaneous passion.'



te?

2 SUBMISSIVE?

'Katie eyes the cameras while Kieran seems frozen. Hunched forward with his eyes still closed. In my opinion he looks submissive, like a guy who is keen to register adoration of his wife,' says Judi.



3 ONE-SIDED?

'In my opinion, these poses appear intended to send out a message that the pair are passionate about one another, but it's looking, to me, a little bit one-sided with Katie keen on posing to camera while Kieran acts like a prop,' adds Judi.

against Peter, 42, and his manager Claire Powell, accusing them of 'misuse of confidential information', has always added fuel to their dispute.

But, just weeks before they were due to appear in court last month, Katie and Peter settled their case, therefore dodging a bitter courtroom showdown.

And after swearing that she would 'never talk to him again', we couldn't quite believe our ears when new panellist Katie recently admitted on *Loose Women* that she respects Peter's parenting decisions and that the pair have a good relationship.

Peter added on ITV's *Lorraine*, 'We all get on really well which is excellent. It adds to the peace and serenity, and the kids are happy. It's really nice.'

FEAR OF OPENING OLD WOUNDS

But, our source adds that pals fear Katie, who recently celebrated her second anniversary with Kieran, with whom she has two children – two-year-old Jett and one-year-old Bunny, could be bringing up old issues and painful memories.

'Katie is nervous when she thinks about how she'll be when she eventually meets Peter face-to-face and they're alone – she still has deep feelings for him. Their divorce has haunted her for years. Peter was her soul mate,' they tell us.

During her appearance on Channel 5's *In Therapy* in August, she also confessed, 'I thought we'd be together forever.'

Katie is apprehensive about digging up old emotions, which could include the sexual chemistry she felt for Peter...

'Katie knows that there was an attraction between them, and it's what brought them together in the *I'm A Celeb...* jungle [in 2004]. But she would never cheat.'

Indeed Katie is perfectly content with Kieran, declaring on *Loose Women* in October that they are 'very happy'.

Kieran, as these pictures show, is said to be blissfully unaware of any turmoil. 'Katie is aware not to show her true emotions about Pete to Kieran. He has only ever seen and heard Katie calling Pete every name under the sun, and she wants to keep that image up so he doesn't become jealous,' says our source.

Determined Katie is thought to be trying to organise a joint family holiday, and a dinner party at hers with Peter and his wife Emily MacDonagh, 26, who have a two-year-old daughter, Amelia.

'Peter will never agree to a family holiday. He is keeping his wife and ex-wife at arm's length from one another,' our insider says.

'But Katie is getting Peter on her own terms at work [he recently appeared on *Loose Women*] and they could be presenting alongside each other soon.'

Lauren Hill-Roger



Reveal says

'Their past may be water under the bridge, but we have a feeling Katie won't have the happy ending she hopes for'

Read more about Katie on p17 ➔

Cheryl's
looking
happy again

I'M FINALLY *friends*

It's taken the heartbreak of another impending divorce to make Cheryl Fernandez-Versini reassess her failed marriage to Ashley Cole, as both of them start new chapters in their lives...

She's had a tough few months going through the motions of her divorce to her second husband, but Cheryl Fernandez-Versini has been reflecting on past relationships and the people she holds dear to her to help in her recovery process.

A source reveals that the six years she spent with ex-husband Ashley Cole, who she has remained in touch since their divorce in 2010, have been on her mind lately, and Cheryl is keen to maintain the relationship she has with him in the wake of her split to Jean-Bernard.

'Cheryl went through a long period of not being able to even think about Ashley without getting upset,' says the source.

'Just as it took her ages to give up on their marriage, she needed time to be able to process the fact that he was really gone for good. It's no secret that they tried to rekindle their relationship at one point but, in the end, Cheryl realised that there was no going back. It caused her too much pain and upheaval at a time when she needed stability and calm.

'Since then, Cheryl's been all about looking forward. Her focus has been on maintaining maximum positivity and always keeping an eye on her next challenge, rather than brooding over the past,' the source adds.

They add that the *X Factor* judge's recent split with the French businessman has made her realise that, although meeting new people brings a new lease of life, sometimes the people who are there for you are the ones you've known for years.

'The events of the past six months have changed Cheryl's forward-looking view. She's come to realise it's mainly old friends and acquaintances she can trust, so she's mending



Cheryl and Jean-Bernard
married in July 2014



Instagram/cherlyofficial

READY TO BE *with Ashley*



**Cheryl and Ashley
back in 2006**

relationships from the past, reminding herself of all the good things she's had in her life. If you look at her support group, it consists completely of people who have been there for years and years.'

It's no secret Cheryl, 32, has a close-knit circle of friends, including former Girls Aloud bandmates, Kimberley Walsh and Nicola Roberts, her mum, Joan Callaghan, her brother, Garry, and her long-serving personal assistant, Lily England.

'She would trust all of them with her life. Lily, for example, has shown real loyalty, and is completely part of the inner circle,' the insider says.

Added into that mix is Ashley, 35. 'Who else is there who really, truly knows her? That would be Ashley. And the way he's got his life together has really changed Cheryl's view of him.'

'Time isn't so much a great healer as a great educator. She's still terribly hurt by what he did to her, and that will never go away. But, over time, she's come to recognise the negative influences that he's had to deal with.'

'Ashley made mistakes and has apologised a thousand times for them. Cheryl has forgiven him. In fact, she'd already forgiven him when they had their failed reunion. The issue then was that she wasn't ready to be friends. She is now, and

they are back in touch, with a warmth that hasn't been there for years. He's spent that time putting his life back on track,' continues the source.

Ashley is expecting a baby, believed to be a boy, with Italian model Sharon Canu. And according to our insider, Cheryl is over the moon for her ex, who currently lives in Italy, but is soon moving Stateside to play for LA Galaxy.

'Moving to Italy was a big thing, and a sign of the maturity he has now. The way he has responded to having a baby on the way is also a big plus sign in Cheryl's eyes. There's no doubt that he'll always be a huge figure in her life, and she's reached the point where she would like to be back in touch, as a friend.'

The insider says that Cheryl is also keen to maintain ties with Kimberley's brother, Adam, who she has dated in the past, and who she enjoyed spending time with in Barbados for Kimberley's wedding to Justin Scott last week.

'Cheryl had a thing with him years ago, before all the madness, and they've always got on amazingly well. He is exactly the kind of guy who's good for Cheryl, and she's had a ball catching up with him lately.'

However, the insider adds that, although

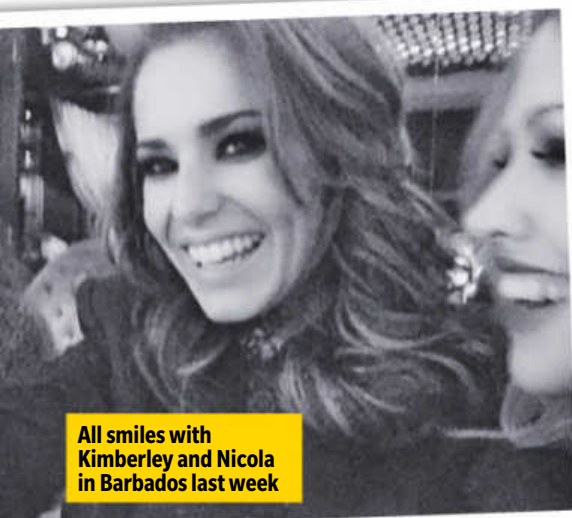
the pair have history, there's no romantic spark any more. 'That ship seems to have sailed, but it's great for Cheryl's self-esteem to know that these people still care about her.'

'She's not looking for romance as such. It's far too early for that. But she is looking for reassurance that she's still a worthwhile person.'

'At times like this, special friendships mean everything. Of course it's tinged with sadness, when she thinks about what might have been. But that's negative thinking, and Cheryl's not ready to take that up just yet.'

Proving just how much her friends mean to her, Cheryl shared some touching posts on Instagram last week. One read, 'I could not be more proud of the woman, mother and very soon to be wife you are and have become. I love you soooo much. I am honoured to share with you one of the happiest days of your life,' referring to Kimberley, and described Nicola as 'one of a kind'.

Lisa Blake



**All smiles with
Kimberley and Nicola
in Barbados last week**



Instagram/cherlyofficial

**Cheryl posted
this shot of Nic**



Instagram/cherlyofficial

**Newlywed
Kim is her
best mate**

'My 2016 STARTS NOW!'

Lucy Mecklenburgh reveals January was a month to forget as it emerges she's split with boyfriend Louis Smith

When Lucy Mecklenburgh shared an Instagram photo of her enjoying dinner with her personal trainer, Cecilia Harris last week, fans questioned whether the star had split with her boyfriend of a year, Louis Smith, as she hadn't been spotted out with the Olympian in a while.

'What happened to Louis?!?!', one wrote, while another said, 'Have you split with Louis?'

And they were onto something. A source close to the star has confirmed the pair have split up. 'Lucy and Louis wanted different things. They hoped their holiday would bring them back together, but if anything it just made things worse,' says the source.

'Lucy wanted things that Louis just wasn't ready to commit to. In the end, Lucy wasn't prepared to wait. It came like a bolt out of the blue and doesn't really make sense to her.'

Last week, Lucy, 24, alluded to the fact the start of the year hadn't been great, posting a message on Instagram, which read, 'Decided my 2016 starts again on February 1st... this was a trial month.' However, she's been keeping herself busy with the launch of her new Barry M cosmetics campaign and filming for her fitness company, Results With Lucy. She also squeezed in some party time after being spotted enjoying a few tipples at the InStyle Awards, in London, last Wednesday.

Louis, 26, has also filled his social diary, arranging drinks with two girls in his hometown of Peterborough. One tweeted, 'Out in the boro this Saturday with the squad... last time I was there @louissmith1989 @kati_simpson stole my soul,' and Louis replied, 'Link up then yea. Good luck drinks and birthday drinks.'

News of the split will come as a shock to fans, as just two months ago the pair – who first clapped eyes on each other when former *TOWIE* star Lucy was competing in BBC1's gymnastics show *Tumble* in the summer of 2014 – were spotted ring shopping in New York, sparking rumours of an engagement.

And in November, Lucy said she could see them moving in together soon. 'Maybe [we'll move in together] in the future. In a way, it's nice that I don't see him every day because when I do see him, it makes it more special and we still live our separate lives.' Sounds like their lives are very much separate now.

Lisa Blake

The couple had been together for a year

Lucy is writing January off and restarting 2016

Lucy was spotted solo at the InStyle Awards last Wednesday

Her Instagram post led to questions from fans

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NEW MUMS

Are you fed up with celeb mums back in their size 8 skinnies within weeks, and gushing about the beauty of motherhood? Fearne Cotton and Rebecca Adlington feel your pain...

'WORKING MUMS NEED MORE SUPPORT'

Fearne says her tummy's now like 'crepe paper'... not that you'd know it!

Fearne Cotton sure doesn't sugarcoat the struggles of motherhood

– she says she's lost her once-toned tummy, her kitchen is a mess and she feels like she's constantly spinning plates.

Fearne – who has two children, Rex, two, and five-month-old Honey, with husband Jesse Wood – says, 'It's full on. Luckily I've got a really supportive husband – Jesse is very hands-on – and my cousin helps us with childcare.'

Fearne has hired her cousin, Katie, as a nanny while she gets back to work. She gave up her DJ-ing job on Radio 1 shortly before having Honey, but is back presenting a new ITVBe fashion show with Gok Wan – who is Honey's godparent – called *Fearne & Gok: Off The Rails*. On top of that, she has a cookbook out this year and a homeware range for very.co.uk.

She sometimes finds it overwhelming being a working mum, saying, 'We are



Hubby Jesse is a hands-on dad



Multitasking inspo: 'moga' (mum yoga)

the first generation of women who are truly having to juggle this. We have the equal rights message that women can do what they want – and we totally can! – but the burden of being a mum and returning to work falls much more heavily on women than on men.

'I'm lucky that my job is flexible and I can bring my child to work, but a lot of people don't have that option, and childcare is so expensive. I don't think we've sussed these problems, but we are setting the tone for generations to come, so hopefully we'll nail it at some point.'

'It's got to come from the Government. I think there needs to be more support for working mums who are career-driven and want to do both.'

The 34-year-old also talks about the pressure of being a 'Super Mum', saying, 'We try to do it all but, sometimes, we just can't. My mum says to me, "Just let it go. If your kitchen's a mess, it doesn't matter!"'

But one thing Fearne doesn't feel the pressure of is her changing body. She says, 'When I bend over, my stomach looks like a deflated balloon. It looks like crepe paper and that's it for life now. But I'm OK with that – I'm happy with it. I've had two kids and it's awesome.'



She's got a new job on a fashion show with bestie, Gok Wan

tell it like it is!

'SLEEPLESS NIGHTS HAVE CAUSED HUGE ROWS!'

Rebecca Adlington is a strong, powerful athlete – but last week she said that being a mum was more difficult than winning an Olympic gold!

The 26-year-old swimming champion said, 'Giving birth was harder than setting a world record at the Olympics. My 800m swim lasted

eight minutes 14 seconds – I was in labour for 22 hours. Being a parent is bloody hard work, and anyone who says it's easy is flat-out lying!'

She admits the sleepless nights with eight-month-old daughter Summer have caused major rows between her and her husband, Harry Needs, 24.

'Harry and I have had plenty of arguments,' she says. 'We're



The swimmer says she and hubby Harry are shattered

knackered. A lot of mums have six or eight months off – I had two months and had to go back to work.

'That's what you do when you're self-employed. There have been plenty of times I've wanted to say, "I want a year off on maternity leave." But that isn't a possibility, because I'm supporting the family.'

Rebecca's the main breadwinner. She retired from competitive swimming in 2013 – aged 23 – to concentrate on mentoring work, and has also appeared on reality TV shows, including ITV's *I'm A Celebrity*... and, currently, C4's *The Jump*. Harry, meanwhile, is studying graphic design as well as building a personal training business.

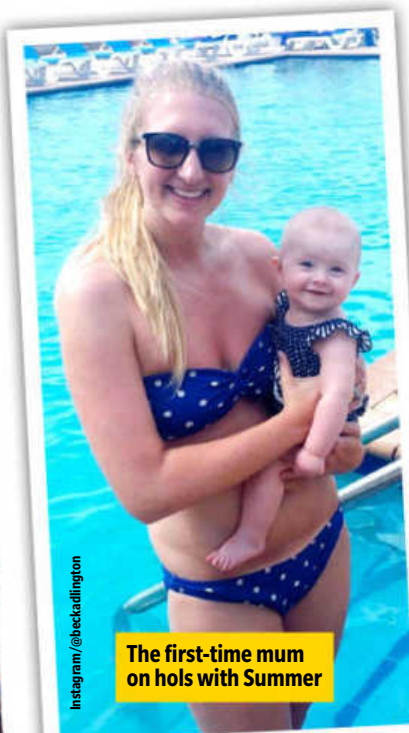
Rebecca says, 'It's definitely been difficult for us. When you're tired, you take it out on each other.'

Rebecca has previously struggled with her appearance, even undergoing a nose job after suffering years of cruel taunts. But, like Fearn, concerns about her image have gone out the window since becoming a mum.

'I don't even have time to look in the mirror any more and say, "Do I look good in this?" When you're a mum, you just throw something on and, if you've showered, well, lucky you!'

'I had boobs for two months while I was breastfeeding. Then, when I went back to work and had to stop, they shrunk right away – much to Harry's disappointment!'

Rebecca Greenow



The first-time mum on hols with Summer

Breadwinner Rebecca went back to work two months after giving birth

Turn over for more ➔

NEW MUMS *tell it like it is!*

The former TOWIE star looks radiant in her new role

'I PANICKED AND STRUGGLED AT FIRST'

Sam Faiers may epitomise exactly what we've come to expect from a 'typical' celebrity mum, flaunting her gorgeous new baby and snapping straight back into her pre-pregnancy wardrobe (yes, she was back in her size 8 clothes just TWO weeks later!).

But – bear with us – behind the façade, the impossibly glam TOWIE star admits she has had her fair share of struggles, including a difficult birth, and struggling to get to grips with breast-feeding.

Sam, 25, filmed a one-off pregnancy diary for ITVBe, *Sam Faiers: The Baby Diaries*, which aired last weekend, documenting her journey from bump to baby and beyond, all from her perspective as a new mum.

Viewers were treated to intimate moments, including reality TV star Sam at her baby shower, surrounded by friends and family, as well as at scans and pre-natal classes with her partner Paul Knightley, 27.

But the show also showed Sam – like any new mum – struggling with lack of sleep, coping with breast-feeding and enduring a painful labour which didn't go to plan.

'The first week with breast-feeding and night feeds, you're doing it all yourself, no one can help you with it,' Sam rightly points out. 'When they latch on and they're a newborn, they're getting used to the boob and you're getting used to them feeding. It's a completely alien experience which nothing can prepare you for. Even getting the baby into a comfortable position



Paul Tony Knightley is a cute and healthy newborn

feels like a challenge. You're constantly panicking, thinking, "Are they OK?" All those things go round and round in your head,' Sam refreshingly admits.

'When you get home from the hospital, it's so overwhelming. For the first few nights I didn't sleep at all, to be honest. But I'm seeing now, as the days go on, you just get more and more confident, and it becomes like second nature.

'But that first week is challenging, with the sleepless nights and the feeding. You just want everything to be perfect and go right – and it's just juggling it all. But in the end, you get used to it,' says Sam.

GETTING INTO A ROUTINE

And glam Sam's the first to admit it's not as easy as celebrity mums tend to make it look in the style stakes, either.

'Billie [Sam's sister] got me a lovely Missoni changing bag, that was her present for me. But it's definitely harder to keep up a glam image. The other day Billie said, "Do you want to meet me with the baby and we'll go for a walk up the high street?" When I'd fed him and he was asleep, I thought, I've got to go now, otherwise he's going to wake up and want feeding... I'm learning you really have to plan your day. I said to Billie, "I'm only in a tracksuit and I haven't got make-up on."

'I haven't got used to the sense of time yet. He's not in a routine yet as he's such a new baby, so there's no real day plan and you just have to take every hour as it comes. Looking glam and being a "yummy mummy" is a full-time job in itself!

But despite the setbacks, Sam is loving the blissful early days with her baby and is really enjoying motherhood. 'It's just amazing. You can't prepare yourself for it, I'm enjoying every moment,' she tells us over a cuppa while baby Paul, now five weeks old, naps beside her.

Despite gaining experience caring for her one-year-old niece, Billie's daughter Nelly (see Billie on pp24-25), Sam says it's completely different when it's your own baby. 'You feel like you have this real responsibility. You've got a baby that relies 100 per cent on you and it's your baby – it's a really nice feeling,' she shares.



Sam's making plans for a brood of four

That's not to say being an auntie and getting priceless advice from Billie hasn't been great. 'Being around Nelly in the early days definitely helped. Just being round a newborn, for example when they cry, you know which cry means what. It's all good practice.

'We've also got a really supportive family. Paul's mum Gaynor, my mum, my sister – we've got so many people around us who we trust and love and who are ready to help out. But right now, we're just enjoying being parents and getting on with it as best as we can.'

LABOUR WAS A PAIN

Despite not everything going to plan with her birth, Sam delivered a perfectly healthy baby boy.

'I went into labour at home and it was painful. But it was also so much nicer than being in a hospital for all those hours because you're in the comfort of your own home. I was very calm and very chilled pretty much the whole labour. As much as it was really painful, I was very relaxed and got myself into the zone,' she says.

'No matter how painful it gets, you just see it through. I had gas and air for a bit of pain relief, but despite what everyone tells you, it doesn't take the pain away.

'But you do it and two days later, in your head, you're back to normal. The pain of your labour goes and you think, "I could do that again." When you're living it in that moment and you're pushing, it's the worst thing, but a few days later you know you'll do it again!'

So much so, she's already making plans to do it all again!

'I'd like to have four babies eventually. Paul was over the moon that it was a boy first, he was so happy. He was worried about having a little girl first – you know what dads are like! He thought it would be hard work having a girl. Now he's got his son and he's the eldest. Now it wouldn't matter if we had all girls, but he definitely wanted a boy for sure.'

Emma Hunt

Meanwhile...

Two weeks ago, make-up-free Cat Deeley was pictured out and about for the first time since giving birth to her baby boy (whose name has not yet been revealed).

The *So You Think You Can Dance* presenter, 39, looked effortlessly gorgeous as she strolled around Beverly Hills, LA.

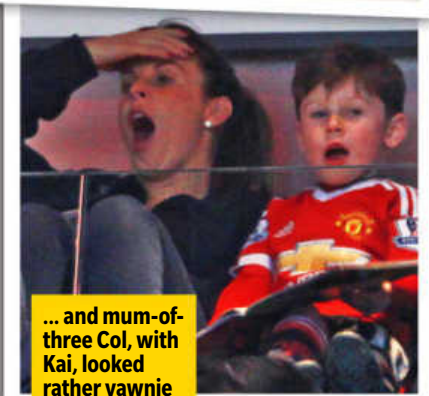
Fellow new mum, Coleen Rooney, however, showed the strains of having a newborn. The *WAG*, who gave birth to her third son on 24 January, was caught yawning as she watched hubby, Wayne, play against Stoke last week. A* for effort, Col!



Cat looked good just two weeks after giving birth...



Paul's proving a hands-on dad



... and mum-of-three Col, with Kai, looked rather yawnie

GIGI'S FRIENDS URGE HER TO *dump* Zayn

Taylor Swift and Kendall Jenner are worried that Gigi Hadid's boyfriend, Zayn Malik, is using her to boost his own profile – but it works both ways...

Thanks to Zigi – Zayn Malik and Gigi Hadid – getting all hot and heavy in the video for his sexy new single, *Pillowtalk*, they're fast becoming showbiz's coolest new couple.

Zayn is obviously one of the world's most in-demand celebrities, while 20-year-old Gigi is THE model of the moment, and is huge in the States, particularly, where Zayn is now based.

But as we're all getting caught up in their budding love story, not everyone's so pleased with the romance – and we're not just talking about Zayn's former

fiancée, Perrie Edwards!

Gigi's best friends, Taylor Swift and Kendall Jenner, fear Zayn could be using her to boost his own profile.

A friend tells us, 'Taylor and Kendall are super-protective of all their squad, and they've confronted Gigi over Zayn.'

'Taylor got in touch with Kendall and suggested an intervention to get Gigi to dump him.'

Plus, since leaving One Direction, Zayn's found himself in a spot of bother, with Taylor's boyfriend, Calvin Harris, and Kendall's rumoured beau, Harry Styles, even getting caught up in his drama.

The 23-year-old admits he hasn't spoken to his former 1D bandmates, including Harry, since he quit the band last March.

And he got into a Twitter spat with Calvin Harris, 32, in August, over a misunderstanding about Calvin's girlfriend, Taylor, in which Zayn called the DJ a 'd**khead'.

So it's little wonder the girls are worried about their friend.

But Gigi is no fool, either, and is rejecting their calls for her to dump him. There's obviously a huge attraction between her and Zayn,

so she will carry on enjoying the romance while she can. She's put her pals' minds at ease by letting them know she's got her own motives, too.

We're told, 'Gigi and Zayn met at an opportune time for both of them,



ZiGi's well-publicised romance isn't bad for either of their careers



Taylor's tried to warn Gigi against ex-1D singer Zayn...



... as has fellow Victoria's Secret Angel Kendall

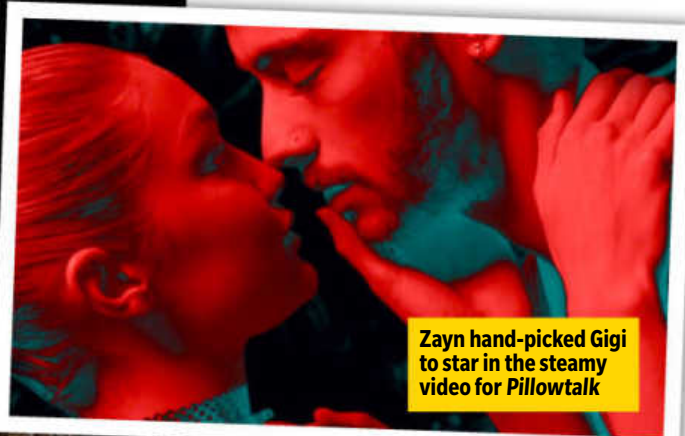
personally and professionally. Zayn scoured through a ton of models looking for the perfect girl to co-star in his music video.

'He loves Gigi's exotic look. He called her personally and poured on the charm when he asked her to be in his video.'

'They hit it off over the phone and, when they met in person, the chemistry was there from the very start.'

'Gigi is strong and confident and she stands up to Zayn. He knows he can't walk all over her, or she will cut him loose.'

'She's definitely no shrinking violet and, although she is grateful that Taylor and Kendall have her back, she's told them she's more than capable of taking care of herself and making her own decisions



Zayn hand-picked Gigi to star in the steamy video for Pillowtalk

The model's told friends she's capable of making her own decisions

about her boyfriend.

'She's cool with Taylor and Kendall not wanting to hang out with Zayn, but she expects them to respect her decisions.'

HE'S HELPING HER MUSIC CAREER

Not only that, but being with Zayn is also good for boosting her own profile – especially here in the UK.

And, like many models, Gigi wants to break into the music industry, so Zayn is offering to help her out.

'Gigi has big plans, for herself and her career,' says our source. 'Even though Taylor has discouraged her from branching out into music, she's determined to give it a go.'

'She doesn't need to be the number one pop star in the world, like Taylor, but she'd like to try singing over a big club anthem.'

'Zayn has deep connections in the music world, and he's vowed to help her out with her dreams.'

'They really fancy each other and are, in many ways, pretty perfect together, it's also a mutually beneficial relationship. They're both super career-focused right now, and they're strategic in deciding who they surround themselves with.'

Zayn was only 20 when he became engaged to Little Mix's Perrie Edwards in 2013, but they split in August last year.

Gigi, meanwhile, broke up with singer Joe Jonas in November. We're told that, aged 20 and with her career taking off, she 'isn't looking for a husband, just some fun' – and

Zayn likes that about her.

Our source says, 'Gigi is taking the relationship with Zayn day by day.'

'So, while she adores Kendall and Taylor and, of course, appreciates their concern, she's very much her own woman, who has her own ideas for her career path – and Zayn is helping her out with that, too.'

Rebecca Greenow

Reveal
says

'We are watching these two VERY closely!'



Charlotte and her old nose

CHAR'S 20K 'PERFECT' FACE

In our opinion, Charlotte Crosby had a lovely face as it was. Last week, though, she revealed she's racked up a bill of £20,000 on surgery to get her 'perfect' look. Charlotte, 25, unveiled her new nose for the first time after her reconstructive surgery, and has also spent thousands on lip fillers and Botox.

Speaking about showing off her new snout to her mum, plus her *Geordie Shore* co-star, Marnie Simpson, for the first time, Charlotte said, "They saw it first and gasped – me mam even screamed a little bit. I was like, "Does it look bad?" And she was like, "S**t, Charlotte, it looks so good!"

'When I looked in the mirror, I felt like it was a different person looking back at us, because it has changed me face. But I literally loved it.'

Bang Bang! Pop babe Ariana's coming to a town near you



WHAT A HAIR-MARE!

Ferne McCann has been seriously upping her style game lately – swapping Essex bodycon dresses for sophisticated two-pieces. But the *TOWIE* star, 25, made rather a style clanger last week when she was snapped outside *This Morning*'s London studios showing off her scruffy hair extension bonds. Oops.

Fans were quick to notice her less-than-lustrous locks on social media, tweeting, 'You can see your horrible hair extensions. You would think you'd have sorted those out.'

Down-to-earth Ferne posted back, 'Many of you tweeting about my hair this morn. Bad hair day. Haven't had my hair extensions done since jungle. Need to get booked in ASAP.'

We all have bad hair days, Ferne!

Rebecca Greenow,
Lauren Hill-Roger, Hollie Brotherton

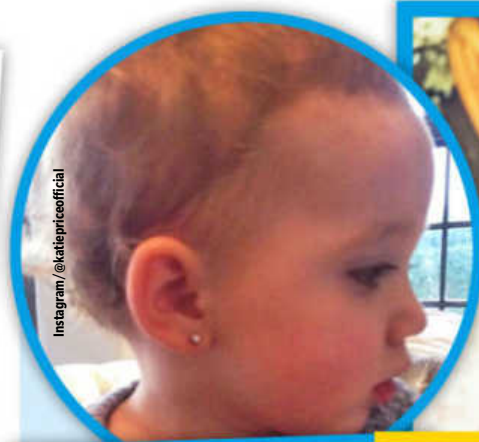


ARIANA LOOKS GRANDE

Who's the new face of British fashion brand Lipsy? Only Ariana Grande! Their SS16 collection has been inspired by the *Focus* singer's own style, and it's her first foray into fashion.

'It's so great getting to collaborate with Lipsy to do something special for my fans,' says Ariana, 22. 'The line is youthful, affordable, and I know my fans will love it.'

Look out for the new range, which will be available online at lipsy.com and in stores on 2 March. We can't wait to see it!



Instagram/@katiepriceofficial



Ooh, it's a school night! Princess, Junior and friends

Katie hit back at critics about baby Bunny's pierced ears

TROLLS SLAM KATIE'S PARENTING

Mum-of-five Katie Price was forced to defend her parenting choices, after being trolled online over one-year-old daughter Bunny's pierced ears.

After being branded 'selfish', 'tacky' and 'cruel' on social media, Katie said on ITV's daytime talk show *Loose Women*, 'I'm having to justify myself. I think it looks really cute.'

'It's only pierced ears. Get over it. Gisele has done it... Angelina Jolie, Kim Kardashian. No one says anything about it to them.'

But Katie, 37, adds that, although her older

daughter Princess, eight, wants to have her ears pierced too, she'll have to get dad Peter Andre's permission first.

'Peter said he would rather she didn't. I told Princess she can't have hers done until her dad agrees,' Katie explained.

She was also criticised for taking 10-year-old son Junior, plus Princess, to a Jason Derulo concert on a school night. But we have a feeling Peter may have more to say about Junior sticking up his middle fingers in the cheeky Instagram snap his mum posted. Oops!

CELEBRITY MUM OF THE YEAR



Awkward! Katie Price and Emily MacDonagh are both nominees



Nominees for icelolly.com's Celebrity Mum of the Year Award 2016 have been announced, and there are some seriously awkward clashes!

Going head-to-head will be Peter Andre's wife, Emily MacDonagh, 26, and his ex, Katie Price, 37. Pop star Peter, 42, has two children from his previous marriage to Katie – Junior and Princess, and a two-year-old daughter, Amelia, with Emily.

TOWIE sisters Sam and Billie Faiers will also be battling it out – Billie was crowned victor last year. Other nominees include Adele, Coleen Rooney and Danielle Lloyd. Vote at icelolly.com by Friday, 12 February.



Essex sister act Billie and Sam Faiers are in the running



our best ever Winter Sale is ending

It really is your last chance to get great savings on many designs as the DFS Winter Sale ends 22nd Feb.

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TEAM GB

OFFICIAL PARTNER





The TOWIE star tells it straight – every week!

It's Bobby xx

Welcome home, Gem

I saw Gemma Collins for her belated birthday/Celebrity Big Brother coming out party, and it was so good to catch up with her. I was gutted for her that she didn't make the final, but she was more than happy to get back to her shop and businesses – she really is the Ivana Trump of Essex and loves nothing more than being in her boutique. I think some CBB viewers got confused between Gemma and her alter ego, 'GC'. This is the persona she often uses when filming (#TOWIE #CBB), and it's like a comfort blanket for her, while she likes to save the real Gemma for close friends and family. She certainly had people talking during her time in the house, didn't she?! I love the rumours that she's going to LA to meet the Kardashians! I'm going to be busy, what with the new series of TOWIE approaching. But if I had some free time, I'd happily go with her and meet Kim K W and Jonathan Cheban for my favourite, a Pornstar Martini!

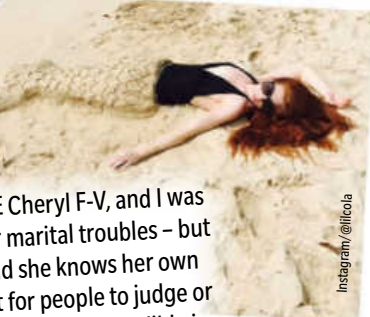


High five to George

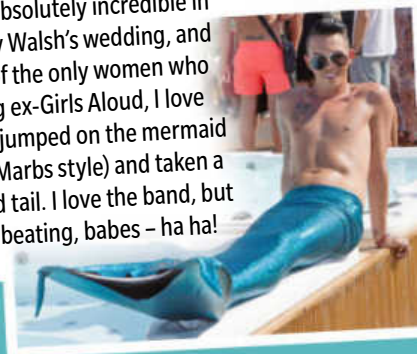
I want to send massive congratulations to Union J's George Shelley, who came out as bisexual last week on YouTube. I believe it's so important for celebrities to be open and honest about their sexuality, to help fans who might be struggling with their own feelings. George is quite easy on the eye so, although my pal Ferne McCann had a cheeky flirt with him in the jungle, I'm hoping he comes to Essex soon ;-)

Nice try, Nicola

Everybody knows I LOVE Cheryl F-F, and I was gutted to hear about her marital troubles – but she's a tough cookie and she knows her own mind, so it certainly isn't for people to judge or speculate. She looked absolutely incredible in Barbados for Kimberley Walsh's wedding, and I defo think she's one of the only women who could turn me! Talking ex-Girls Aloud, I love that Nicola Roberts has jumped on the mermaid bandwagon (Bobby in Marbs style) and taken a pic with a sand mermaid tail. I love the band, but my tail will take some beating, babes – ha ha!



Instagram: @nicola



BOB ON THE BOX

I'd love to do my own show at some point, maybe a chat show because – let's have it right – I am Essex's answer to Jeremy Kyle! I also love a bit of nostalgia, so I wouldn't mind bringing back the TV classic *Supermarket Sweep*, but rename it #BobbysSupermarketSweep. Or how about *Streetmate* – I could play cupid on Brentwood High Street. Love it!



Shhhhhh!

The next series of TOWIE is nearly here but I need to be secret squirrel, sooo... all I can say is, some of the gang are starting the new series abroad (well, it's tradition, right?)

Send your questions and comments to Bobby Norris at bobby@revealmagazine.co.uk



'I'll take Steph TO SOUTH AFRICA ON HOLIDAY'

Reveal scoop

Celebrity Big Brother hunk Jeremy McConnell is set to whisk Stephanie Davis away on the fabulous romantic getaway he promised

It's the love story that's kept the nation gripped over the past month. *CBB* stars Stephanie Davis and Jeremy McConnell could barely keep their eyes – and hands – off each other inside the famous house, despite Steph having a boyfriend, Sam Reece, on the outside. So what's next for the lovebirds now they're both in the real world again?

Jeremy tells us he's hoping to whisk the now-single former *Hollyoaks* star away to South Africa on the holiday he promised her. 'I'm going to treat her like a princess! My schedule is crazy at the moment, so we have to work around it, but she holds a special place in her heart for South Africa, so we'll see,' he confesses.

Model Jeremy's generous offer comes after he appeared to go cold on his feelings, telling Phillip Schofield and Holly Willoughby on *This Morning*, 'When you're in that confined space, love is a strong word – it's a dangerous word.'

Days before he was evicted, he told his housemate Scotty T, 'I swear down, I love that girl. She just has everything.'

But appearing to backtrack on his declaration, Jeremy told Phil and Holly, 'I don't think anyone really knows what love is – it's an emotion I felt at the time. I think she confided in me and we helped

each other.' He said he viewed himself as a single man. 'She needs to come out and sort her own stuff out,' he said.

However, the 25-year-old, who has met Steph's parents, has since insisted, 'I was just being realistic with my answers [to Phil and Holly]. There is love there to be developed. I meant every word I said to the girl,' he tells us.

Jeremy adds that, despite the female attention he has received since leaving the house, he has remained loyal to Steph, 22.

'Yes, I've been well behaved. Steph's easy going, doesn't take herself too seriously, is cute, funny, smart and beautiful – the list goes on,' he gushes.

So would he like the raven-haired beauty to be his girlfriend? 'Yes! If that's what she decided, I'd love it.'

And is she wife material? 'All I know is when I look into the girl's eyes I feel something, but I have to let time tell.'

We're off to buy hats!



Jeremy and Steph share a cheeky kiss in the CBB house



Out with CBB's Megan McKenna and TOWIE's Danielle Armstrong



Fresh-faced in 1993



Highlighted hair was the order of the Day in 1996...

THE COMEBACK KING AND QUEEN

How CBB's Danniella Westbrook and Darren Day overhauled their images and won our hearts...



At the height of her cocaine addiction in 2001



Prior to CBB she helped clean her mate's pub!

We can't be alone in our obsession with this year's *Celebrity Big Brother*. Cringeworthy scenes, explosive rows – what will we do with our evenings now?

But this year, two celebs stood out for us: Darren Day and Danniella Westbrook.

We bemoaned the news of Darren's participation in the office – 'He hasn't been famous for a decade,' and, 'Ugh, he's a lech.' But, boy, were we wrong...

Starting off as a Butlins Redcoat at 17, Darren was dubbed 'the new Cliff Richard' after appearing in a string of West End shows in the 90s.

But his addiction to cocaine and his womanising meant he hit the headlines for the wrong reasons most noticeably, when he ended up sleeping in a car in 2006. He was engaged six times, before marrying his current partner, Stephanie

Dooley, with who he has two children, in 2007.

But the 47-year-old was keen to shed his reputation, gushing about his wife and rejecting the flirtations of Gemma Collins and Tiffany Pollard.

We aren't the only ones charmed by Darren. His Twitter followers have gone up by 22,000, and with a new album of his greatest West End hits coming out, he's set for an epic comeback.

Danniella, 42, who rose to fame in the 90s as *EastEnders'* Sam Mitchell, but battled a cocaine addiction for over 10 years, also succeeded in winning over viewers.

She gave an emotional thank you in the diary room last week. 'Some people have got behind me and voted for me, and it really means a lot,' she said.

'*Big Brother* has given me a whole new lease of life. It's changed me as a person.'



With his third fiancée, Isla Fisher, in 1999



Happy with wife Stephanie Dooley

Gemma's telly bombshell

Her telly outbursts and the unforgettable #shoegate, have led to Gemma Collins being taken to the hearts of the nation and now the Queen of Essex is set to star in her own TV show.

And she's dropped a few surprises – namely that she's desperate for a baby and hopes to marry this year.

But Gemma's roller-coaster love life took another dramatic turn after ex-convict boyfriend Stephen Mortimer

was reportedly unfaithful to her while she was in the *Big Brother* house.

Gemma, 35, burst into tears on *Loose Women*, saying, 'Something happened while I was in the house and I'm just not ready to deal with it yet.'

And she then told Rylan Clark-Neal she was ditching her alter ego, the GC, after watching back tapes of the show.

Stephen has yet to comment on the reports of his cheating.

Lisa Blake, Lauren Hill-Roger

'Queen' Gem opened up on *Loose Women*



FERGIE

The Black Eyed Peas singer, 40, should be belting, 'I Gotta Feline', instead of *I Gotta Feeling*, judging by her flirty *Aristocats* expression.



BRIDE OF WILDENSTEIN

The original Catwoman, Jocelyn Wildenstein, spent a rumoured £2m on surgery in the hope it'd stop her hubby from straying – instead she ended up looking like Disney's *Beast*.

RYLAN CLARK

He once said, 'People take the p*** out of my teeth, but I love them,' so Rylan won't mind us likening his Daz-white dentures to *Alice In Wonderland's* wide-toothed Cheshire Cat. Miaow!

LIZZIE CUNDY

The former WAG, 47, opted for Botox and fillers following ex-husband Jason Cundy's in-fur-delity, leaving her looking like *Cinderella's* Lucifer.

Cat-as

They may think they're pawsitively pretty, but we reckon these celebs are looking far from purr-fect...



Instagram/tulisaastagram

TULISA

Former N-Dubz star Tulisa coined herself The Female Boss – but perhaps we should rename her The Feline Boss, if her likeness to The Cat in the Hat is anything to go by...



troface!

JENNIFER LOPEZ

Jenny From The Block, 46, showcases a fierce face – and death stare – as she's seen on the prowl in NYC – like the Siamese cats in *Lady and the Tramp*.



MEG RYAN

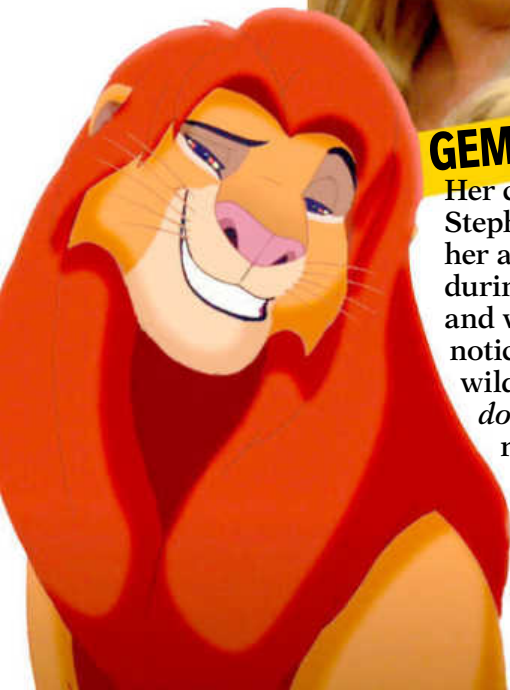
With her squinty eyes and puffed-out cheeks, Meg Ryan, 54, looks more *Puss in Boots* than pawsome here.

Lisa Blake



GEMMA COLLINS

Her catty housemate, Stephanie Davis, called her a 'lion-headed c***' during a heated rant, and we can't help but notice that Gemma's wild and wonderful 'do does bare a striking resemblance to *The Lion King's* Simba. After a proper Essex blowdry, that is. Obvs.



'I've postponed my wedding until after BABY NUMBER 2'

Babies, bridal plans and a brand new collection – Billie Faiers shares her hopes and dreams to extend her brood then walk down the aisle...

She's a mum to gorgeous daughter Nelly, and also a proud auntie to sister Sam's baby boy, Paul. And now *TOWIE* star Billie Faiers is fielding questions left, right and centre on when exactly baby number two is coming along and when she's set to tie the knot.

'Paul has made me so broody – yes we are most certainly talking about having another baby,' she tells us.

Going full-steam ahead with plans to bring a sibling for Nelly into the world has meant, though, that her and fiancé Greg Shepherd's wedding plans have fallen by the wayside.

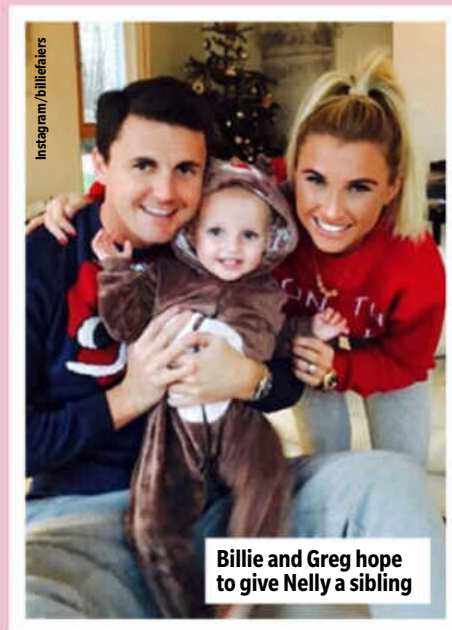
'We originally said it'd be this year, but that's unlikely now. We're more keen to have another baby first and I wouldn't want to walk up the aisle pregnant. We do talk about it a lot, but we're so busy with Nelly. Plus, I'd love for her to be a little older first so she could be a bridesmaid, and baby Paul a pageboy. One thing's for sure, when we do, we want all of our family and friends to be there.'

But in the meantime, Billie, 26, is making the most of 19-month-old Nelly growing up, and enjoying time with Greg.

'Nelly is so grown-up now – she's not a baby any more and it breaks my heart! But she's starting to get her own personality, which is so much fun. She's really like me and she loves dancing. She's funny, crazy and really sociable.'

And if you think Billie has the perfect life, don't be too quick to judge.

'Don't get me wrong, Nelly's a little monkey, too! She climbs on everything and she's not shy at all, nor afraid of strangers. When the bell goes she charges towards



Billie and Greg hope to give Nelly a sibling

the door and I have to run and grab her.

'I've spent ages decorating my dream house, but now I've had to put all my lovely bits and pieces and candles away because she grabs and chews everything. And don't get me started on stair gates! They're so

'Sam's baby has made me so broody!'

ugly. In fact, I'm getting a custom-made one installed to complement my colour scheme as we speak.'

But Billie – and indeed Sam, 25 – are lucky enough to have a close-knit and supportive family network around them to help with childcare, for which the frazzled new mums are eternally grateful.

'Samantha and I are so lucky. Our mum lives just around the corner and helps us out loads, plus we can work from home.'

'It is harder to plan surprises now, though. Greg conspired with my mum to have her look after Nelly so he could take me to Venice for my birthday – he

surprised me with the plane tickets.

'We only went for one night because we don't like to be away from Nelly for too long. We missed her but it was nice to have some alone time.'

Keeping her busy until the stork pays another visit is her fashion range for InTheStyle.com. Billie's launching her second sell-out collection for the brand, a transitional season collection in a palette of pastels, greys and prints, to tie in with Valentine's Day.

And how will Billie be celebrating on the most romantic day of the year?

'We usually stay in, actually, and Nelly was only tiny last year. Greg will hopefully cook like he did last year – it's the one time of the year he does, because he's rubbish at it!'

Speaking about her favourite piece in the collection, which is available now, Billie says it's this gorgeous patterned playsuit with lace-up sides, of which we're also fans. And she tells us, 'I'm lucky I get the pieces in advance, so I always have loads of lovely clothes to choose from. There's a sexy co-ord set with a necklace halter, which is perfect for a Valentine's Day date night – I'll probably be wearing my pyjamas though!'

Emma Hunt



Sis Sam gave birth to baby Paul in December

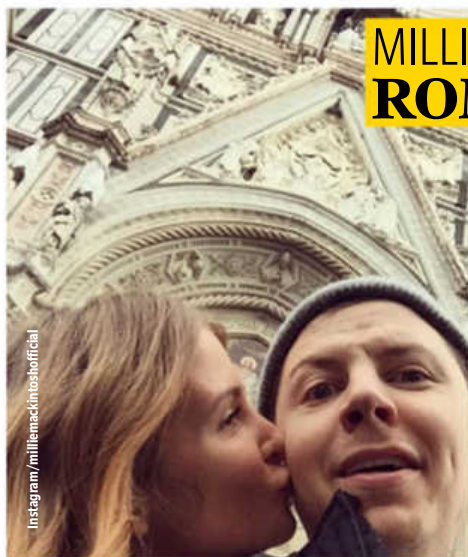
*'I wouldn't
want to walk
up the aisle
pregnant'*

Billie's new
collection for
InTheStyle.com
is available
now

» Playsuit, £34.99

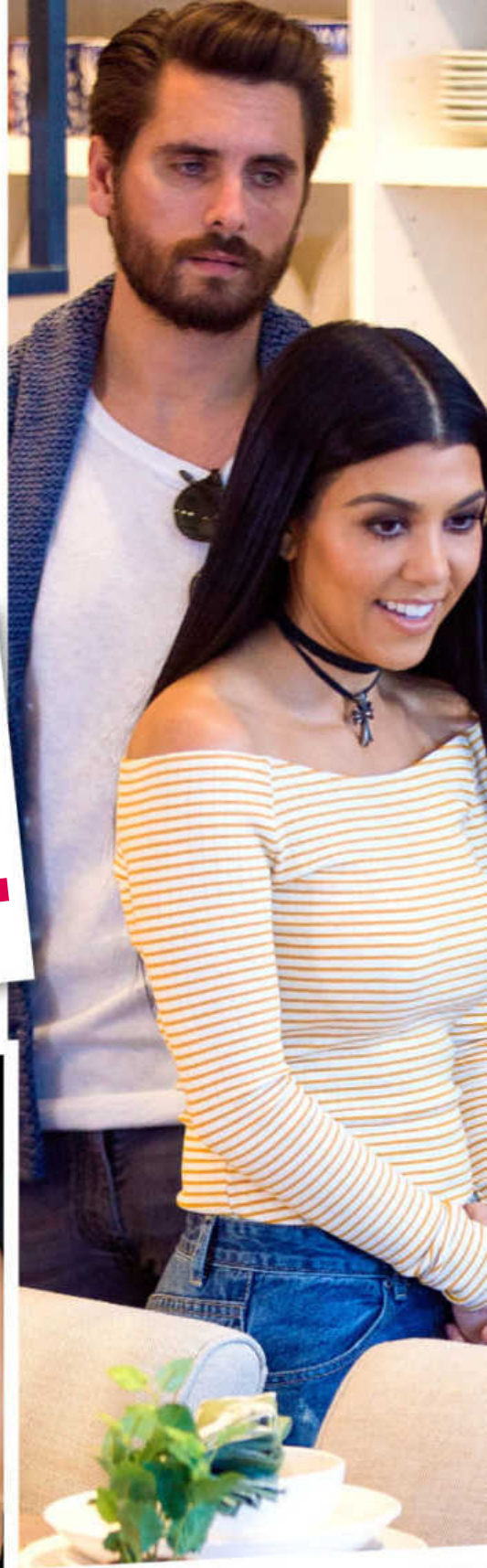
» Dress, £37.99

Photo InTheStyle.com



MILLIE & PRO GREEN ROMANTIC BREAK

Married couple Millie Mackintosh and Professor Green have admitted via Instagram that they only recently spent their first day of the year together. The rapper and the former *Made In Chelsea* star jetted off on a romantic break to Florence in Italy on 30 January, after he was noticeably absent from her trip to the Maldives earlier in the month. Pro, 32, shared a photo of his wife at dinner, captioned, 'Why are you taking a picture when you could be eating pasta? First day spent together all year.' Millie, 26, also shared a few happy photos, including this cute selfie of the couple.



COUPLES CONFIDENTIAL

Your weekly temperature check on celeb romances

PADDY & CHRISTINE CAN'T AFFORD DIVORCE!

Paddy McGuinness' wife, Christine, has joked that the *Take Me Out* presenter, 42, would never cheat on her... for financial reasons!

'My husband can't afford a divorce – that's the one thing I often tell him,' she says. And, while she's come to terms with his role on the popular dating show, the former Miss Liverpool, 27, has admitted she wouldn't be happy about him competing on *Strictly Come Dancing*, 'I'd be quite jealous because [the contestants get] so close to the professional dancer. I'd be there [in the audience], pretending I was supporting him, when really I'd be warning everyone off!'

The couple have been married since 2011, and are parents to two-year-old twins, Leo and Penelope.



Photos: Getty, Instagram, Mirrorpix, Rex

THE ROCKY ROAD OF LOVE



KELLY BROOK, 36

JASON STATHAM (1997-2004)
Kelly and Jason, 48, started dating after he spotted her on a modelling job on the Greek island of Santorini. The pair got engaged, but Kelly ended it after seven years.



BILLY ZANE (2004-2008)
Titanic star Billy Zane, 49, proposed with a £35,000 ring in 2005, but they broke up three years later. Kelly later said, 'He projected all his fantasies onto me. I never had a real life with him.'

DANNY CIPRIANI (2008-2010 AND 2013)

Kelly was with rugby player Danny, 28, for 22 months, before they split over his alleged cheating. The couple got back together for a few months in 2013 before they broke up for good.



They've got each other's back



KOURTNEY & SCOTT REKINDLING THEIR ROMANCE?

We thought it was all over for Kourtney Kardashian and Scott Disick, but the exes were spotted looking close during filming for the new series of *Keeping Up With The Kardashians* last week. The pair had their arms around each other and Kourtney, 36, flashed a big smile as they shopped for house furniture with 'momager' Kris Jenner in Calabasas, LA.

Kourtney and Scott split last year after nine years together, following cheating rumours and his struggle with addiction. Scott, 32, has since dated Swedish model Lina Sandberg and Kourtney has been linked to Justin Bieber. They have three children together: six-year-old Mason; Penelope, three; and Reign, one.

MAX & NAOMI REUNITED

They got close on *Love Island* last summer, and now it's heating up between Max Morley and Naomi Ball for a second time. The pair attended the *Pride And Prejudice And Zombies* premiere together in London, and they weren't shy about splashing it all over social media. Max, 23, tweeted, 'Who's the beautiful lady going to be joining me?' and Naomi shared a picture of them getting close on the red carpet.

Naomi, 24, received criticism on the show when she was accused of leading on both Max and his BFF, Josh Ritchie, 21. When she was eliminated, Max paired up with Jessica Hayes, 23, and they went on to win the series before having a brief romance. They split after a series of public rows and he moved on to *Geordie Shore*'s Charlotte Crosby.

Last year he said of Naomi, 'I have no interest in talking to her. She actually tried to get in contact with my little brother,' but he now appears to have come full circle.

We can't imagine Jess will be too happy about their reunion...



ELLIE & DOUGIE TAKING IT DAY BY DAY

It seems there could be trouble in paradise for Ellie Goulding and Dougie Poynter again. Last week, Ellie, 29, admitted she hardly sees her McFly hunk, as the 28-year-old is concentrating on his modelling work in Los Angeles.

'It is hard to maintain. We're very realistic about the fact that I'm in Europe and he's in LA, and we take each day as it comes. He's over there for a while now, so I won't see him for a long time,' she said. 'There's no wedding coming up, sorry.'

Despite a brief split over Christmas, Dougie confirmed three weeks ago that the couple's relationship was back on track and 'really good'. But could this spell the end of their two-year romance?

Hollie Brotherton & Rebecca Greenow



THOM EVANS (2010-2013)

Kelly dated rugby player and model Thom, 30, in secret for a few months as he was a friend of Danny's. After an engagement and two miscarriages, the couple split in 2013.



DAVID MCINTOSH (2014)

The ex-*Gladiators* star, 30, proposed 12 weeks after they met on New Year's Eve, but was allegedly caught cheating, although he has denied this.



JEREMY PARISI (2015-PRESENT)

Sources have recently confirmed Kelly's engagement to the French model and actor, 30, after pictures of Kelly wearing a diamond ring surfaced over Christmas. Could this be the year she finally makes it down the aisle?





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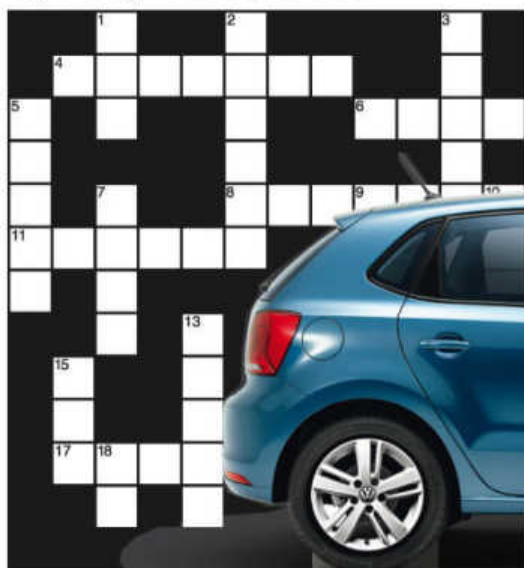


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Speedy Crossword



DOWN

1. Facilitator of A to B (3)
2. Card distributor (6)
3. Scottish duo would walk 500 of them (5)
5. Stopping device (5)
7. St. Andrews, the home of (4)
9. Cooling system (2)
10. West African tribe (7)
12. Mediterranean wind, starts in Sahara (7)

8. Drain the strength of (7)
11. Danish currency (6)
16. Something to catch (4)
17. Second future (9)

Daily Horoscopes

by Mystic Markus

ARIES

March 21 - April 20

No bumps in the road today. Buy a lottery ticket and you could be in with a chance of winning.

LEO

July 24 - August 23

After a long journey to get there, today could be the day you move up the ladder. Just don't walk under it.

SAGITTARIUS

November 23 - December 21

Stop being a passenger, and take control. Ultimately, destiny is in your hands, along with a double cheeseburger.

TAURUS

April 21 - May 21

Your problems and wind achieve at home tonight could be deeply satisfying. Make sure you stay awake after 9.30.

VIRGO

August 24 - September 22

Buckle up, what you could achieve at home tonight could be deeply satisfying. Make sure you stay awake after 9.30.

CAPRICORN

December 22 - January 20

Do you put your foot down? Do you change your marital status on social media? Questions that will be questioned, but not necessarily answered.

AQUARIUS

January 21 - February 19

It's time to stop going round that roundabout and take the first exit to party town. A new look could work miracles.

PISCES

February 20 - March 20

Cheer up! You could discover a new best friend today. You are free to discard the old one in the abyss.





fashionista

She's bitching her way round town bringing you what's hot, and what's really NOT. Remember, you read it here first

RIVER ISLAND'S STUDIO COLLECTION IS HERE

Credit cards at the ready, ladies! River Island's second Studio Collection edit is even better than the first. The 25-piece premium capsule range is full of investment pieces (such as a totally gorge biker jacket, see below), mixed with chic separates in luxe fabrics. Swoon! Tapping into the utility trend, colours include warm neutrals, khaki and a pop of mustard and orange. The tie-up striped dress (below left) is at the top of my wish list. Prices start from £45.



£85



£70



£180



£40



Camis, £45

Skirt, £35

Jacket, £85

Sandals, £45



GOODY TWO-SHOES

Following on from its lust-worthy handbag collection, Matt & Nat has launched its first footwear range, made with 100 per cent vegan materials. The eco-friendly collection is a mix of on-trend metallic and classic brogues. Ethical AND super stylish, I love! Prices start from £65 at mattandnat.com

Cheap frills



Nicole Kidman has taken inspiration from a magical unicorn in this multicoloured, frilly sequined frock...

Illustration: Jacqueline Bissett Photos: Getty

MY CHEEKY TREAT

I'm over heart-themed choccies and pout-shaped keyrings, but lurve-inspired blushers? Let me at 'em! Six cheek-prettyfiers might seem excessive, but Too Faced Love Flush Wardrobe, £45, Debenhams, is a game-changer. The coral tones transform that beige lippie I could never pull off, while the clever taupe is a dream with a bright pout. See? An essential.



DMG!

I do love a celeb collab and here's one to get really excited about. Queen of cool Alexa Chung has teamed up with Marks & Spencer to launch her own 31-piece collection in April. Can. Not. Wait.



I WANT *what she's got!*

We show you where the celebs have been shopping this week



LUCY WATSON

Chelsea girl Lucy must have heard the bomber jacket is this season's must-have cover-up. She teams her sleek khaki number with all black and a colour-pop lippie. Simple yet stylish – we're loving this look.



FERNE McCANN

Ferne is working not one trend, but two, in this monochrome striped number from Lipsy. This chic dress style is the one you need in your wardrobe for spring/summer. Team it with heels for evenings, just like Miss McCann, then switch to sleek ankle boots for day wear. Bra-flashing optional.

LIPSY
£50



NEW LOOK
£34⁹⁹



LAUREN POPE

Popey takes to Instagram to admit she's firmly in the #egosquad after trying out her new ego.co.uk thigh-high boots. She teams her killer heels with a silky playsuit and smoky eyes. This gets a major thumbs-up from us.





EGO.CO.UK
£39⁹⁹



Instagram/binkyfelstead

INTHESTYLE.COM
£29⁹⁹



BINKY FELSTEAD

It may not quite be beach weather yet, but looking at Binky in her cute little tassel dress really puts us in the mood for those hot summer days to come. Wear it for evening with bare legs and heels, and work it into your new-season daytime outfits with casual sandals and hippie jewels.

INTHESTYLE.COM
£19⁹⁹



AXPARIS.COM
£25

STEPHANIE PRATT

MIC's Steph shows us how to work a colour co-ordinated outfit to perfection, sticking to tousled hair and minimal make-up to let her statement floral skirt do the talking. And, yes, we'd be flashing those abs, too, if we had them!



MMMM... DELICIOUS
AND 99 CALORIES





CAN SC *he's*

Not sure if you've met the right guy? Writer **Nilufer Atik** underwent a new kind of DNA test to find out just how compatible she and her fella really are...

I've never believed in soulmates. The illusion that only one person out there could be my perfect match was shattered the first time I fell in love at the tender age of 11.

He was my best friend's brother and two years older than me. With his sweeping ginger fringe and our mutual love of Duran Duran, I thought he was the only boy in the world for me – until his mum caught him picking his nose and wiping it on the sofa one day. She battered him with a knitting needle and somehow the magic disappeared after that.

I have never really had a 'type', either. Past partners have varied from clean-cut skinny boy-next-door to hulking tattooed bodybuilder. So when a spiritual friend of mine recently claimed that only 'twin flames' (her version of soulmates) were truly destined to be together, I set out to prove her wrong.

'There are loads of men out there you'd be compatible with,' I argued as she tore open a new pack of tarot cards. 'It's nothing to do with being "meant" for someone – it's purely down to chemistry and personality.'

Adamant that I was right, I began doing some research online and stumbled upon a special clinic called GenePartner, based in Switzerland, that can actually carry out DNA tests on couples to determine how good a match they are. *Bingo!*

The clinic, which also offers an online dating service, was founded by geneticists Dr Tamara Brown and Dr Joëlle Apter to help people not only find love, but keep it.

'We measure how well suited two people are by comparing genes found in their immune systems called HLAs,' Dr Tamara informed me. 'Studies have shown that people tend to be more attracted to those with HLAs that are very different to theirs,

which means, at least in scientific terms, opposites really do attract.'

It all sounded easy enough. Now all I had to do was persuade my other half, Matt, to take part.

'What is it I actually have to do?' he frowned as I served up his favourite steak dinner that evening to help sweeten the deal. 'I'm not weeing into anything – or giving any kind of dodgy samples. You can definitely forget that!'

I explained that all we had to do was register for a DNA pack online, costing £170 (I'd already taken the liberty), then send in two cheek swabs each.

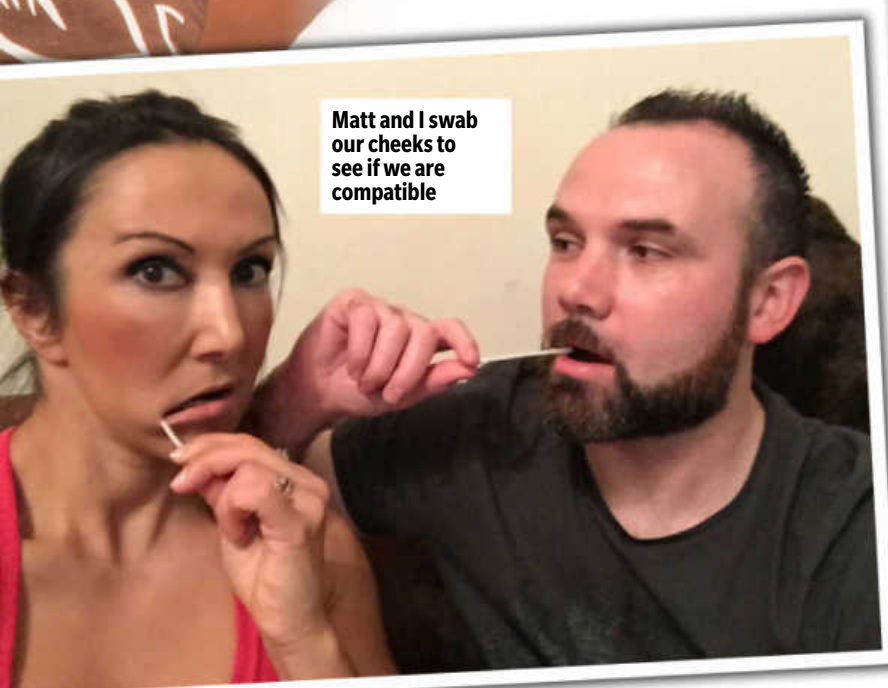
'Then a few days later we'll find out if we're a good match or not,' I added.

'Oh, great. So you're not sure we're even a good match!' he huffed.

'Of course I am, silly,' I scoffed. 'It's just that we'll then have the proof.'

But that night in bed, as I tossed and

SCIENCE TELL YOU IF *The One?*



Matt and I swab our cheeks to see if we are compatible



The DNA test revealed we are a match - phew!

turned in time to Matt's snoring, I couldn't help worrying. What if the results showed we were only five per cent compatible? Would the sweet, bearded man beside me call time on our relationship?

The test would also reveal how good a genetic combination we were in terms of reproduction. But if our score was too low, did it mean our children would resemble Yoda?

The following morning, as I sealed and posted off our saliva-soaked cotton buds, I decided to be optimistic. After all, Matt and I had a lot in common. We were both sporty, liked watching TV programmes about gypsies, and found car horns incredibly funny. *Of course* we were a good match.

Ten days later all was revealed.

'Are you ready for this?' I asked him somewhat nervously as I logged onto the GenePartner website for our results.

The scores were split into four categories – level of attraction, meaning how much one partner fancies the other; type of interest, which determined how platonic

the attraction is; symmetry of attraction, meaning how equally we are attracted to one another; and finally, our chances of a successful pregnancy.

There was also an overall score.

I was chuffed to discover that I rated very highly on Matt's attraction scale, but not totally surprised to see he didn't rate as highly on mine.

'I always knew I fancied you more,' he mumbled looking crestfallen.

'I do fancy you, though – lots,' I insisted, feeling like I'd let him down.

OK, so maybe he was 30 per cent more attracted to me genetically. But didn't women always value personality more than men anyway?

While the symmetry of our attraction was a bit of a low point, thankfully, the results did show our interest in one another was equally non-platonic – we scored maximum points when it came to a romantic interest in one another. Phew!

I'd had one of those 'more-like-best-buddies' relationships before. After walking in on the chap in question

wearing one of my catsuits, I quickly realised the reason he was like one of my girlfriends was because he actually wanted to *be* a girl.

Matt was definitely all man according to these tests – especially when it came to procreating. *High probability of successful pregnancy*, the last section concluded.

'Hurrah! We aren't going to have wrinkly green kids!' I cheered.

Overall, our genetic patterns showed that, with social compatibility thrown into the mix, Matt and I had a very good foundation for a stable, long-term relationship. And it's a good job, too, really, given that we're planning to move in together this year.

And, as I pointed out to my spiritual friend, there wasn't a single mention of twin flames.

Nilufer Atik

For more information, visit genepartner.com

Arg's suit's
ripped more
than once



The star dwarfs
Davina (far left)
and Louisa Lytton



ARG'S SKI SUIT FAIL

James Argent, 28, hasn't had the best start to Channel 4 reality TV show *The Jump* after struggling through the challenges and facing criticism for not fitting into his ski suit.

'My outfit's ripped a few times. There were about five people trying to help me get it on. Brian [McFadden] gave it a good old pull and it just ripped. I don't think I've lost any weight doing this, but it's good to get some exercise. I feel more healthy.'

TOWIE star Arg has been open about gaining 2st over Christmas, saying, 'I have put on quite a bit of weight,' adding that *The Jump* is the perfect excuse to get fit and trim up again.

Doesn't look like it's working!



Denise dazzles
in sub-zero chic
for Disney On Ice

DENISE LOOKS ICE COOL

Denise van Outen commemorated 25 years of *Disney On Ice* by posing in a stunning dress cut from a single block of the stuff.

The 41-year-old TV presenter looked incredible wearing an elaborate headpiece and white, silver and blue shimmering make-up.

'I've worn so many amazing stage costumes over the years, but never anything like this,' she said. 'I'd wear it every day if I could!'

The *Frozen*-inspired glacial gown was made using over 200 litres of water, and took 27 hours to sculpt.

We feel chilly just looking at it. Brrrr!

Grandad Brad! His new 'do is just for a film, thankfully



BRAD THE SILVER FOX

Brad Pitt has bravely risked his sex appeal by dying his golden locks grey for new film *War Machine*. The actor confused and impressed fans last month with his fresh-faced appearance at the Golden Globes, leaving us wondering if the 52-year-old would ever age – and now we have our answer!

Brad was seen filming his new movie in Paris last week looking every inch the silver fox in his camouflage suit.

We expect to see him back in LA for the Oscars on 28 February – he stars in *The Big Short* which has five nominations – but we hope his new look won't be sticking around.

OLIVE BRANCHES

#1

KIM & AMBER

Just 10 minutes after Kim Kardashian West and her supposed nemesis, Amber Rose, posted a selfie on Twitter, their names were trending worldwide.

It had been less than a week since Kim's husband, Kanye West – who is Amber's ex – caused a massive commotion by slamming Amber and her most recent ex, rapper Wiz Khalifa, on Twitter. Keeping up?

It looks like it was up to the ladies to sort out the feud and come to a truce, as they mutually posted the picture, captioned with a friendly, 'Anyone for tea?'

#2

KANYE & WIZ

Kanye also appeared to make an indirect apology for dissing Amber and Wiz's three-year-old son, Sebastian, in his rant – in which he told Wiz he will 'get mad' everytime he looks at his kid, because he 'let a stripper trap you' – saying, 'God's dream... never speak on kids again... all love... all blessings.' He later took to Twitter saying, 'Me and Wiz spoke yesterday. Great convo. All positive.'

#3

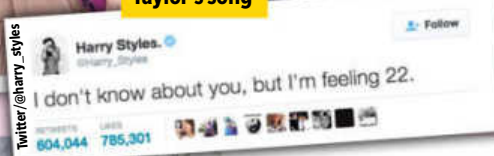
HARRY & TAYLOR

Harry Styles turned 22 last week – and celebrated by posting a lyric from a song by his ex-girlfriend, Taylor Swift!

Fans were surprised when the 1D singer quoted, 'I don't know about you, but I'm feeling 22' – a lyric from a track called 22.

The pair split in January 2013 after a three-month romance, and Taylor's previously said she felt 'anxious' during their relationship. Maybe Hazza's olive branch will put her at ease.

Harry quotes Taylor's song



BFFs or just keeping their enemies close? Amber (left) and Kim



Instagram / @kimkardashian

Kanye (left) and Wiz are friends again... phew





KATE MIDDLETON

ESTIMATED AT £300,000

Handed down from the late Princess Diana, Kate's engagement ring – the most famous in the world – undoubtedly sparked the trend for coloured gems. The Duchess of Cambridge's sapphire sparkler is 18-carat and set with a halo of diamonds. Swoon.



CHERYL FERNANDEZ-VERSINI

ESTIMATED AT £275,000

After she split from her husband, Jean-Bernard Fernandez-Versini, last month, we're yet to find out the fate of Cheryl's gorgeous emerald-cut diamond engagement ring, reportedly worth £275,000.



THE bling



KIM KARDASHIAN WEST

£1.2 MILLION

We aint sayin' she's a *Gold Digger*, but Kim's pretty substantial engagement ring from husband Kanye West reportedly set him back over a million pounds. Oh, and did we mention it's 15-carat? She reportedly wears a copy in public!



JENNIFER ANISTON

ESTIMATED AT £250,000

Just like Hollywood's golden girl herself, Jennifer's diamond set on a gold band – from husband Justin Theroux – is simply stunning.





ROCHELLE HUMES

ESTIMATED AT £45,500

We heart this bling! One of our favourite couples, Marvin Humes proposed to wife Rochelle in 2011 with this beautiful heart-shaped diamond. From London jeweller Boodles, Marvin is said to have forked out £45,500 – who could refuse?



MARIAH CAREY

RUMOURED £8 MILLION

If we're talking #FirstWorldProblems... Singer Mariah Carey has said of her sparkler from fiancé James Packer, 'It's so heavy, I can't lift my arm up!' No wonder – it's a 35-carat diamond!



SOFIA VERGARA

ESTIMATED AT £350,000

With a rock like that – an oval-shaped diamond – we can hardly blame Sofia Vergara for showing off her bling at every opportunity! The *Modern Family* actress married *Magic Mike* hunk Joe Manganiello in November, after he popped the question in Hawaii on Christmas Day 2014.

With Valentine's Day just around the corner, love is in the air – and for these celebs, bling's the thing! Here's our pick of the most awesome engagement rings...

ring



KATIE PRICE

ESTIMATED AT £15,000

Like her alter ego Jordan, her ring to mark her third engagement, to Argentinian model Leandro Penna in 2011, was pink, larger than life and in-your-face. Katie returned the OTT heart-shaped pink sparkler to Harrods when they split up.



KATHERINE JENKINS

ESTIMATED AT £120,000

The Welsh opera singer's diamond from husband Andrew Levitas is very classy. Celeb jeweller Lewis Malka (lewismalka.com) tells us, 'With a 3-carat oval diamond surrounded by 57 small brilliant cut diamonds and diamonds on the shoulders, this halo inspired design is just stunning.'



EVA LONGORIA

ESTIMATED AT £350,000

Red for romance! Actress Eva's fiancé, media mogul José 'Pepe' Antonio Bastón, popped the question in January with this impressive ruby and diamond sparkler.

HELP US GET OUR



A recent poll showed that almost eight million Brits want to get a new job in 2016. Here, career guru James Innes gives two Reveal readers tailored advice to help them land the role they've always wanted

JOSEPHINE

'WOULD PR SUIT ME?'

JOSEPHINE FAIRCLOUGH, 25, FROM LONDON, IS A TRAINEE PROPERTY SURVEYOR

Jo says, 'My ideal job would involve communication and relationship management, working with a team of enthusiastic people in a fast-paced environment.'

'Since university, I've been in the same industry. Now, I want to change to a career that will still utilise my skills.'

'With only my degree and my experience in property, I feel quite limited, but I know that if I don't make a change now, I could be stuck forever.'

'In my current role, I love liaising with clients, but organising meetings and events is what I enjoy most. Would something in public relations suit me?'

JAMES' APPRAISAL

James says, 'I'm afraid there was nothing positive I could say about Josephine's CV, other than that there weren't any spelling mistakes.'

'There was no professional profile, no achievements were highlighted, and it was all written in the first person. Repeated uses of "I" and "me" make a CV sound unprofessional and arrogant. It's also too informal, so third person is always better. Plus, she'd included her references in the actual CV.'

'Josephine said she was nervous about attending job interviews, but nerves can be a useful tool for sharpening your performance.'

'She needs to stop thinking about herself and focus her attention on the

interviewer. They're not the enemy!

'As Josephine is looking to change her career, identifying her transferable skills is vital. Her CV currently highlights her people skills, confidence and ability to develop strong working relationships – which are also all must-haves in PR.'

'It's clear that she's good at planning and organisation, but more could be said about her ability to multi-task. Written communication skills are just as

'I want a new challenge that uses all my skills'

important as verbal communication skills in PR. More needs to be said about her creativity, too. If she talks about any designs that she's been involved in her current role, it will prove her skills are suited to public relations.'

WHAT NEXT?

Jo says, 'I'll be completing my LinkedIn profile, with a descriptive headline and a more professional photo, as James has stressed this is important.'

'I've now been invited to interview for a job in PR since tweaking my CV under his guidance.'

'But this year will be about taking my time to find a role that is right for me.'



- › Shirt, £29.50, M&S
- › Waistcoat, £30, Dorothy Perkins
- › Trousers, £22.99, New Look
- › Heels, £89, Dune
- › Bag, £85, Dune

dream jobs

'I'M GOOD WITH PEOPLE'

MELISSA FORSDICK, 25, FROM ESSEX, IS AN OFFICE MANAGER FOR A CIVIL ENGINEERING COMPANY

MELISSA

Melissa says, 'I've really wanted to get into something more creative for a while now.

'I'm good at customer service, and that is where my skill set lies. I've always had customer-facing roles and I'm great at talking to clients.

'Being the "go-to" person is enjoyable, and I like helping people solve problems. So, these aspects of my current role are ones I'd like to carry over to my new career.

'But my dream is to get stuck into a creative environment. My ideal job would be in publishing or digital advertising.'

JAMES' APPRAISAL

'Melissa's CV used a lot of abrupt sentences that didn't allow for any great exploration of her skills and experiences,' says James.

'She really needed to make her achievements more evident.

'It was a major concern of Melissa's that prospective employers might think she had been "job-hopping". It wasn't my first reaction, but I can see why she might feel a little insecure on this front.

'By focusing on the positives in interviews, she can prove she is really committed to moving jobs and not wasting their time

'As she's only been in her current role for a short while, if interviewers ask

'I want to be more creative'

why she wants to leave, it's perfectly acceptable to say the job didn't turn out to be "as advertised". Just tell it like it is.

'My main advice for Melissa is a word of warning – not to let any questions along these lines tempt her into saying something negative or critical about her previous employers. That's never a good idea!'

WHAT NEXT?

Melissa says, 'James has given me great advice for handling the interview stage, as well as reworking my LinkedIn profile and CV to be as appealing as possible to potential employers.

'I'm already on the hunt for a new job and have started applying. I plan to get some interview practice to boost my confidence, so I'm totally prepared when I interview for a role I really want.'



JAMES' TOP FIVE TIPS TO YOUR DREAM JOB

- ✓ A 'one-size-fits-all' CV is not likely to be as successful as a carefully tailored one, so don't use the same CV to apply for different jobs.
- ✓ Make sure you know enough about the job you're applying for. Interviewers will test your knowledge of the organisation you're applying to, so do some thorough research.
- ✓ Listen carefully to each interview question. Don't get distracted, remain focused, and engage your brain before you speak.
- ✓ While it's very important to do your homework and prepare your answers to possible interview questions, try to deliver them in a confident, natural

way – don't recite your answers parrot fashion.

- ✓ Do ask questions, but avoid asking the wrong ones. Raising the topics of pay and holiday during the interview can be a mistake. Stick to safer topics, such as, 'How would you describe the team I'll be working with? How do you see my role evolving over the next few years? What opportunities are there for further training and professional development?'

For more advice, *The CV Book*, by James Innes, is out now. For further help with your CV, visit cvcentre.co.uk

› Shirt, £20, boohoo.com
› Skirt, £35, M&S
› Shoes, £22.99, New Look
› Bag, £69, Dune



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With the long-awaited *Zoolander No. 2* out this week, we took some fashion inspiration from the film. Our columnist Bobby Norris from *The Only Way Is Essex* tries out his modelling skills as Derek Zoolander. He struts his stuff on the catwalk alongside *Britain's Next Top Model* finalists, Bethan and Amreen. The girls show off the hottest spring/summer 16 trends you need to know about, while Bobby shows us his best blue steel poses.

Catch up with BNTM on Lifetime

Britain's Next Top Models
and Bobby Norris try
the hottest trends!

ZOO LANDER



BETHAN WEARS

- » Bra, £12.99, New Look
- » Top, £35, asos.com
- » Skirt, £32, asos.com
- » Heels, £19.99, New Look

AMREEN WEARS

- » Top, £28, asos.com
- » Skirt, £120, asos.com
- » Shoes, £45, asos.com

BOBBY WEARS

- » Shirt, £25, Topman
- » Tie, £8, Topman
- » Blazer, £65, Topman
- » Trousers, £35, Topman
- » Shoes, £55, River Island

SASSY STRIPES

Super stripes, whether horizontal, vertical or diagonal, are key for spring. Get mixing and matching!

SIXTIES CHIC

A nod to the 60s is big news for the new season, so go for clashing geo prints, mini skirts and cute accessories

Bandana, £15, M&S
Shirt, £35, River Island



Bomber jacket, £90, merc.com



BETHAN WEARS

White shirt, £29.99, Zara
Printed shirt, £35, asos.com
Skirt, £18, boohoo.com
Shoes, £48, Topshop

'These two shirts' layered-look is so cute and 60s. I feel like I could be on the spring/summer 16 Miu Miu catwalk.'
Bethan

BETHAN SOWERBY

INSTAGRAM: @BNTMBETHAN

AGE: 19

FROM: OLDHAM, GREATER MANCHESTER

OCCUPATION: SALES ASSISTANT FOR TOPSHOP FOOTWEAR

HEIGHT: 5FT 8IN

DRESS SIZE: 6-8

STYLE ICON: GIGI HADID



AMREEN AKHTAR

INSTAGRAM: @BNTMAMREEN

AGE: 22

FROM: YORKSHIRE

OCCUPATION: SALES ASSISTANT
AT H&M

HEIGHT: 5FT 10IN

DRESS SIZE: 8-10

STYLE ICON: JOAN SMALLS

*'I look so classy in this
could-be-designer look.
I can't believe it's all
high street. I need to go on
a serious shopping spree.'*
Amreen

AMREEN WEARS

» Sunglasses, £154,
Swarovski Marcolin

» Cape, £55,
Mademoiselle R at
LaRedoute

» Skirt, £29,
Mademoiselle R at
LaRedoute

» Bag, £15.99,
New Look

» Shoes, £25,
Mademoiselle R at
LaRedoute

» Earrings, £12.50,
Topshop

BOBBY WEARS

» Jumper, £22,
Burton

» Bomber jacket,
£90, merc.com

» Trousers, £35,
Topman

» Boots, £70,
merc.com

*'I could get used to strutting
on the catwalk, this outfit is
so gorge, especially the boots.'*
Bobby

ORANGE IS THE NEW BLACK

Get the hottest colour in your wardrobe with citrus hues on pretty dresses and statement separates

'I think compared to a lot of people's wardrobes, mine could look like Zoolander's — if not better!'
Bobby



BETHAN WEARS

» Dress, £99, Carven at LaRedoute

BOBBY WEARS

» Dressing gown, £35, J by Jasper Conran at Debenhams

AMREEN WEARS

» Jumper, £25, Miss Selfridge
» Skirt, £49, Carven at LaRedoute
» Earrings, £12.50, Topshop

'I feel just like my idol Joan Smalls on the catwalk. My dream would be to walk for Versace one day.'
Amreen



DREAM DENIM

Spotted on the catwalks, update your denim with kimono jackets and wide legs jeans for instant style points

AMREEN WEARS

- Top, £32, River Island
- Jeans, £38, asos.com
- Shoes, £48, Next
- Earrings, £12.50, Topshop



BETHAN WEARS

- Jumpsuit, £25, boohoo.com
- Jacket, £38, neonrose.co.uk
- Boots, £34.99, ego.co.uk

PRETTY RUFFLES

Go super-girly with playful prints, soft textures and a lot of ruffle details

BETHAN WEARS

» Top, £30, Dorothy Perkins
» Dungarees, £35, Dorothy Perkins
» Shoes, £39, Faith at Debenhams

'I've heard gingham is a key print for spring and this dungaree dress is so cool. I normally only go for bodycon but this dress will still show off your waist.' Bethan

AMREEN WEARS

» Top, £32, asos.com
» Skirt, £15, missguided.co.uk
» Shoes, £56, Paper Dolls



BOLD BRIGHT

Get the hottest colour in your wardrobe with citrus hues on pretty dresses and statement separates

AMREEN WEARS

- » Dress, £24.99, Quiz
- » Earrings, £12, Topshop
- » Socks, £10, for pack of two, Sibling X Sockshop
- » Boots, £39.99, publicdesire.com

BOBBY WEARS

- » Shirt, £18, Burton
- » Coat, £95, River Island
- » Trousers, £38, Topman
- » Boots, £70, merc.com

BETHAN WEARS

- » Body, £25, River Island
- » Skirt, £28, River Island
- » Shoes, £35, Faith at Debenhams

'This coat is just a whole lot of Bobby, isn't it? I'm heading straight to River Island!' Bobby

'I like all my clothes to be super bodycon; the tighter, the better.'
Bethan



We never ever saw this trend returning

CARGO PANTS

Comeback girls All Saints were the decade's coolest girl band, setting a trend for their signature cargo pants, trainers and sexy vest tops.

£49, lookagain.co.uk



£42, Dorothy Perkins

THE PARKA

Girls and boys wore parkas and sang along to Oasis or Blur. Liam Gallagher was lairy and accessorised with a can of lager. Girls were called 'ladettes' and matched the boys in gobbiness and pints.



Liam rocks his trademark parka

ARE YOU A 90s GIRL?

Rewind to the decade of All Saints, Baby Mossie and the Spice Girls. Girl Power is back – so get your cargo pants or tracksuit on and relive the Britpop years!

£18, boohoo.com



SLIP DRESSES

Grunge was big news, and slip dresses were worn with trainers. Check out supermodel pals Naomi Campbell and Kate Moss on the biggest telly show of the mid-90s – *The Big Breakfast*.



Make like Campbell and Moss in a sexy slip



£45, Topshop

GO-FASTER STRIPES

Sporty Spice lived in trackie bottoms – and now they're on the catwalk at Chloé for SS16. Visit JD Sports or Topshop for anything with go-faster stripes to step back in time.



£52, Topshop



Do you wannabe like Sporty Spice?



ADIDAS GAZELLES

Mossie wears the trainers of the decade, with boyish tailored trousers and a skinny vest. See Karlie Kloss rocking them now. Off-duty cool nailed.

£67, JD Sports



Karlie's off-runway casual cool look



ON THE CATWALK

The latest Chloé collection took the 90s influence onto the runway. Look for old-school colours to get the look.



£7.99, New Look



£30, River Island



THE BRAINS BEHIND *the BIG bran*

NICHOLA JOSS, SKINCARE EXPERT, SANCTUARY



glossy clients, she demands the best! She has insider knowledge of premium textures and cutting-edge ingredients.

After she championed the benefits of plumping hyaluronic acid and wrinkle-fighting Matrixyl Synthe'6, the brand made sure their new line was packed with the stuff.

Every new product has to make it past Nicola's hit squad of testers. 'I have a group of friends, family and clients – of varying ages, with all different skin types – who give me incredibly honest, reliable feedback,' she reveals.

Who is she? A super-duper A-list facialist with a degree in biology and physiology, Nicola spent years in Malaysia, training in the art of detoxifying facial massage (aka 'lymphatic drainage').
Who's she beautified? Hollywood heavyweights like Gwyneth Paltrow, Scarlett Johansson and Cate Blanchett. 'I normally spend around five hours prepping a client for awards season,' she reveals.
What goes on behind the scenes? Since Nicola uses Sanctuary products on her own



Scarlett is one of Nicola's gorge A-list clients



Karlie Kloss and Gigi Hadid, prepped for the catwalk by maestro Pat McGrath



» **Overnight Face & Neck Crème, £15.50** Created after Nicola noticed a surge in smartphone-addicted clients suffering from sagging necks.

NICHOLA'S TOP BUYS



» **Therapist's Secret Facial Oil, £17.50** Used in every single one of Nicola's facials. At the Oscars 2013, she arrived in Los Angeles armed with 700 bottles!

TOM BACHIK, GLOBAL NAIL DESIGNER, L'ORÉAL PARIS



Who is he? A hot Californian dad-of-three who also happens to preen the most famous pointers on the planet. Nicknamed the 'MAN-icurist,' he's a top champ in nail art competitions, with 300 trophies under his belt.

Who's he beautified? Celebsville's most gorgeous. Red carpet manis are his speciality, and he's requested by Jennifer Lopez, Cheryl

ds

From J-Lo's manicurist to Hollywood's skin supremo, these three bargain beauty ranges boast some serious A-list expertise...



DOLCE & GABBANA



PAT McGRATH, GLOBAL CREATIVE DIRECTOR, MAX FACTOR

Sarah Jessica Parker. **What goes on behind the scenes?** Pat's the one who **MAKES** the trends! After sharing her ideas for snazzy new Max Factor shades and formulas, the maestro test-drives the product prototypes, disguised in little unbranded pots. She'll feed her opinion on texture, colour and ease of application back to the lab boffins. Then she turns to the new, finished creations for her dreamy runway beauty looks.

Who is she? 'The world's most influential make-up artist,' according to *Vogue* magazine. Pat rules the roost at the Fashion Week shows. She's been known to have 50 assistants, travelling with 75 make-up trunks loaded with 2,000 false lashes. Oh, and she has an MBE. **Who's she beautified?** Er... who has she *not*? Every supermodel worth her skinnies, plus the likes of Kim Kardashian West, Jennifer Aniston and



Pat works her magic on Kim Kardashian West

► **Lipfinity in Always Delicate, £10.99** Part of a six-strong collection of colours, carefully curated by Pat. She debuted this nude shade on models at one of Victoria Beckham's fashion shows.



PAT'S TOP BUYS

► **Voluptuous False Lash Effect Mascara, £11.99** Out next month, this is Max Factor's most high-tech mascara innovation yet. They've come up with a patented brush that promises five times the volume.

Fernandez-Versini and Beyoncé ALL the time. **What goes on behind the scenes?** Tom uses his eye for a trend to advise on one-of-a-kind nail polish colours and finishes. His 15-year-old daughter, Zoie, is his muse and guinea pig. 'It's a collaboration, but she usually lets me do whatever I want,' Tom explains. He's big on innovation. 'They [L'Oréal Paris polishes] have an awesome patented brush with a rounded tip that follows the shape of the cuticle and mirrors the contours of the

nail,' the pro reveals. And his current projects? 'Right now, we're having a lot of fun with new technology and textures. Satin finishes, multi-dimensional metallic effects, suede and patent leather looks,' he reveals.



► **Infallible Nail Polish in Always a Lady, £7.99** Tom turned to this for J.Lo's show-stopping mani at the Golden Globes last month.

Tom tends to La Lopez's talons



TOM'S TOP BUYS

► **Color Riche L'Huile Nail Varnish in Café de Nuit, £4.99** A new rose-scented range that's been ten years in the making. They're infused with oils for deeper, glossier colour.



Specially
SELECTED

28 Day Matured Dry
Aged Sirloin Steak

£4.69
227g/
Box



Veuve Monsigny
Champagne Brut

£10.99
75cl



for the facts
drinkaware.co.uk
Please drink responsibly

For the perfect Valentines.



A Dozen
Red Roses^

£5
per
bouquet

Valentine
flowers
in store
11 Feb



Luxury Mixed
Rose Bouquet^

£20
per
bouquet

Valentine
flowers
in store
11 Feb



AldiUK @AldiUK #AldiChallenge

Aldi accepts cash, Maestro, MasterCard debit and credit cards, and Visa debit and credit cards. No cheques accepted in store. All offers subject to availability. Prices correct at time of going to print. Excludes R.O.I. For details of your nearest store visit our website at www.aldi.co.uk or call our Customer Service Team on 0800 042 0800 from landlines or 0333 005 0561 from mobiles. Calls may be recorded. Check pack for warranty details. The warranty may be available via the distributor or the manufacturer. All products purchased in an Aldi store are covered by a 60 day refund policy. Goods returned to a store must be accompanied by proof of purchase/bill receipt and in original packaging if not defective. The Aldi refund policy does not affect customer statutory rights. In accordance with Scottish Licensing laws, alcohol may not be sold in Aldi's Scottish stores before 10am. Specially Selected 28 Day Matured Dry Aged Sirloin Steak 227g/Box. £20.66 per kg. Veuve Monsigny Champagne Brut 75cl. £10.99 per 75cl. Photography shows serving suggestion. *Vase not included.



Amber on...

Hair repair masks

Deep-conditioning treatments are Khloé Kardashian's secret to silky locks. My testers helped me put five through their paces



£2.99
CELEB
FIX

Aldi Coco Loco Coconut Oil,
£2.99 for 300ml

'I'm already a coconut oil fan, after hearing Miranda Kerr swears by it. Like others I've tried, this was too greasy to use after washing, but when kept on for 10 minutes *before* shampooing, it left my hair really nourished. Harder to rinse out than my usual £9 version, but I'd recommend it to any coco-newbie.'

Schwarzkopf BC Bonacure Repair Rescue Treatment,
£12 for 200ml

'This disguised my split ends and, while the price is high, it gave my hair the kind of shine and scent I usually only get from a salon. It knocked out the volume, though – my hair felt flat afterwards.'

SALON-
WORTHY
SHINE

FINE
HAIR
SAVIOUR



Aussie 3 Minute Miracle Moisture,
£4.99 for 250ml

'I usually steer clear of masks as they make my hair lank, but this quenched without leaving a heavy residue. It was a lot less knotty, and I even had a few compliments on how healthy my hair looked the next day!'



Dove Quench Absolute Intense Restoration Mask,
£6.99 for 200ml

'This might be a bit intense for straight hair, but the whipped texture was fab for my unruly mega-curls. It didn't flatten them – they were soft, bouncy and defined. Incredible.'

DREAM
FOR AFRO
AND CURLY
LOCKS

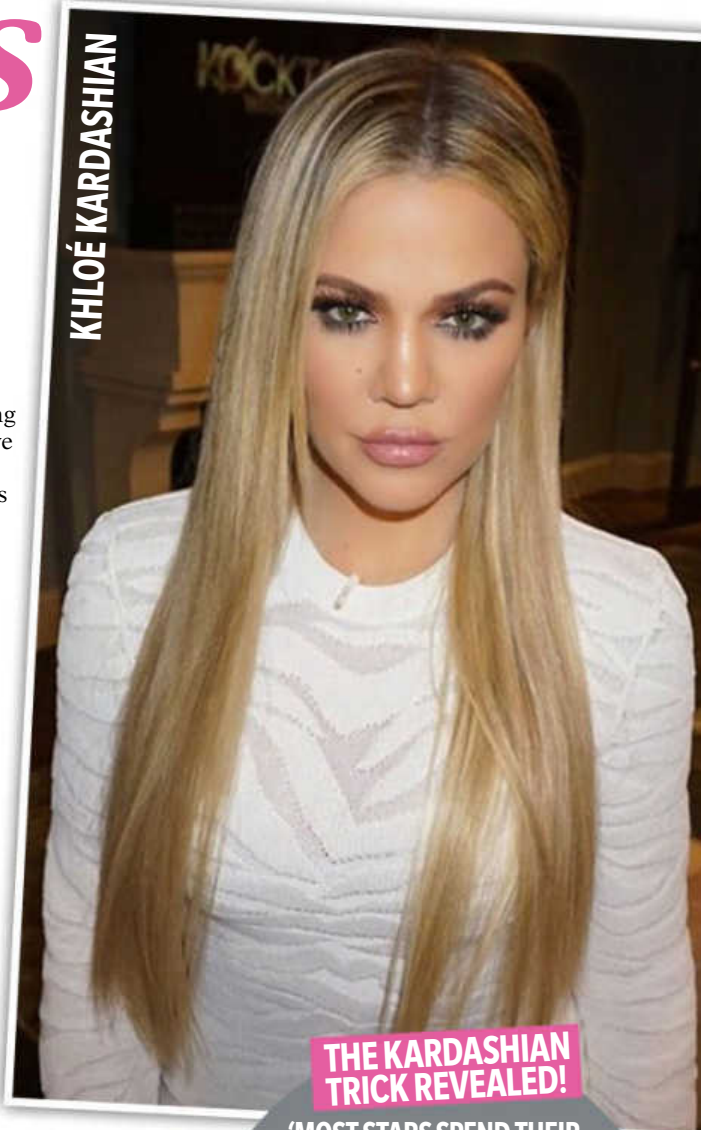


EMERGENCY
FRIZZ
FIX

Superdrug Anti-frizz Hair Treatment Mask, £1.29 for 50ml

'The packet was fiddly, but I'm not good at committing to a weekly mask, so the 'one shot' concept is handy. My hair was virtually frizz-free and easier to straighten. I can't stop touching it, actually!'

KHLOÉ KARDASHIAN



THE KARDASHIAN
TRICK REVEALED!

'MOST STARS SPEND THEIR DAYS OFF ALLOWING THEIR HAIR TO SOAK UP A MASK,' REVEALS THE KARDASHIANS' MANE WONDER WOMAN JEN ATKIN. 'INSTEAD, IF YOU'RE CRUNCHED FOR TIME, APPLY ONE PRE-WORKOUT, THEN STYLE YOUR HAIR IN A BRAID OR BUN. THE NOURISHING INGREDIENTS WILL ABSORB WITH THE ADDED HEAT,' SHE ADVISES.

2009



Proud mum, Jennifer, steps out with her supermodel daughter

WITH FAMILY

Cindy was born in DeKalb, Illinois, to mum Jennifer and dad John. She won a scholarship to study chemical engineering at Northwestern University, but dropped out to pursue her modelling career. With her genes, it's no surprise that her daughter, Kaia (inset), has been signed up by IGM Models.



2015



1991

SQUAD

She starred in the video to George Michael's *Freedom!* '90 and said her career highlight was walking out to it at a Versace show with fellow supermodels Linda Evangelista, Naomi Campbell and Christy Turlington (pictured).

THE AMAZING LIFE OF...

CINDY CR

1993



This month, megababe Cindy Crawford – arguably the world's biggest supermodel – turns 50. 5-0! We know... and she still looks hot!



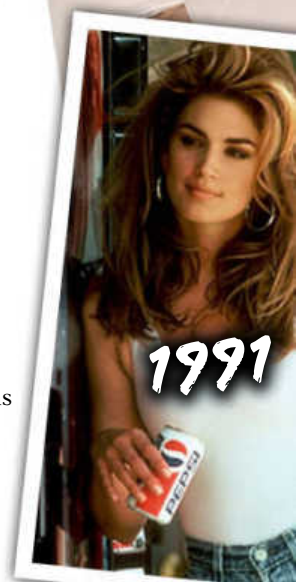
1988

PLAYBOY

She first appeared on the cover of *Vogue* in 1986, becoming one of the first ever 'supermodels' and, two years later, she posed nude for *Playboy*.

PEPSI

One of her most famous campaigns was the sexy 1991 Pepsi advert. Check out the big hair!



1991

GLOBAL PIN-UP

Her career began when her ex-boyfriend took a picture of her for her high school newspaper, and the 5ft 9in beauty, then aged 16, soon caught the eye of modelling scouts.

Photos: FilmMagic, Getty, Instagram, Photoshot.co.uk, Rex



1993

VANITY FAIR

Her *Vanity Fair* cover caused controversy in 1993, as musician k.d lang had just come out as lesbian, and Cindy is shown shaving the singer, who's dressed as a man...



1993

HUBBY #1

Cindy was married to Hollywood hunk Richard Gere from 1991 to 1995 – at the same time we were ogling him in *Pretty Woman*.



2015

Instagram/cindycrawford

HUBBY #2

In 1998, she wed her second husband, former model Rande Gerber, and they have two children, Presley, 16, and Kaia, 14.

FAIR GAME

Cindy played divorcée Kate McQueen in 1995 movie, *Fair Game*, alongside William Baldwin. Unfortunately, the film didn't get rave reviews.



1995



2013

From left to right, journalist Louise Roe, Harry Styles, Cindy, Kaia and Liam Payne at a gig.

Rebecca Greenow

1D

Harry Styles is big pals with the family. Cindy's revealed that Kaia has a 'big crush' on Hazza!

BOOHOO.COM

NEW LOOK



Update
your mac

Shop 'TIL YOU drop

The hottest buys on the high street this week

OASIS



Trend:
big bows

- Jumper, £42, Topshop
- Culottes, £22.99, New Look
- Necklace, £16, Next
- Headband, £12, orelia.co.uk
- Boots, £30, Next



F&F



£16

Reveal
steal



£16



£15



£32

TOPSHOP



£38



£39



£59



£40

Syling: Charlie Bell assisted by Sophie Boyden Photos: Dan Williams Hair & Make-up: Olivia Ferrer using Estée Lauder and L'Oréal

ZARA



£39⁹⁹



£49⁹⁹

£25⁹⁹



£39⁹⁹

Reveal
♥
&

RIVER ISLAND

£38



£15

£28



£65



NEXT

£22



£24



£55

£36



Mix
monochrome
& brights



£35



£65



£45



£38

- ▶ Playsuit, £20, boohoo.com
- ▶ Necklace, £19.50, Marks & Spencer
- ▶ Coat, £35, F&F at Tesco
- ▶ Boots, £34.99, ego.co.uk



BECAUSE I'M A WOMAN

**DO YOU THINK I'M GOING TO CRACK UNDER
PRESSURE OR CONQUER THE FIELD?**

Defy expectations any day with Always Ultra.
It's got liquid locking gel and gel can't leak.
Because nothing, not a period or a
prejudice should get in a woman's way.

up to **100% Leakage Protection**



Rewrite the Rules
always



Dr Phil

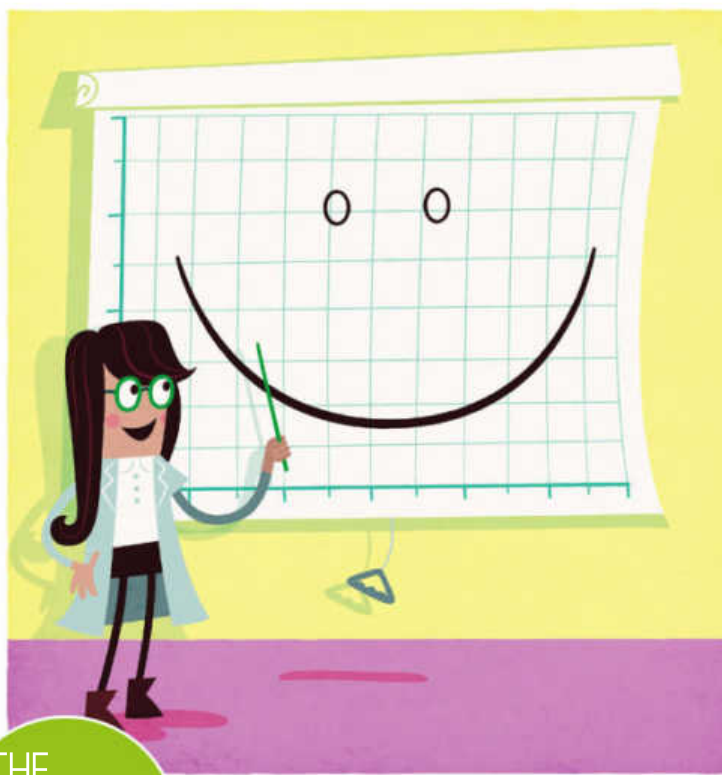
TV's Dr Phil Hammond answers your questions and gives it to you straight on the big health issues

THE HAPPY GENE EXISTS

Is happiness inherited?

Meredith, Giggleswick

Partly, yes. Scientists have actually discovered a specific gene that regulates pleasure and reduces pain. It appears more in populations that tend to be happier, such as the people of Ghana, Mexico and Nigeria. The good news is that the gene appears a lot in northern Europe, particularly in the UK and Sweden, which may explain why we are happier than some southern European countries. However, if a country is ruled by an unpleasant dictator and is run on fear, then that tends to trump any happiness genes...



Trust me – I'M A DOCTOR

What's the difference between Type 1 and Type 2 diabetes?

Sophie, Devon

Type 1 (insulin-dependent) diabetes tends to develop in childhood or early adult life, and often comes on much more rapidly than the much more common Type 2 version. This is linked to obesity, but not always. One in four children diagnosed with Type 1 are seriously ill by the time the condition is picked up. Look out for increased thirst, frequent peeing (a return to bedwetting), lack of energy, unexplained weight loss, extreme hunger, mood changes, blurred vision and recurrent thrush. Anyone, of any age, shape or size can get diabetes. Visit diabetes.org.uk.

THE sex QUESTION

CAN WE GO COMMANDO?

My partner and I have just had clear screens for sexually transmitted infections. Can we stop using condoms now?

Rosie, Glasgow

Well done for getting screened, but not all infections appear immediately – HIV can take up to three months to show itself after infection. If all the tests come back clear at least three months after you've been in a monogamous relationship with your partner (and they're faithful, too), you should be OK to stop using condoms. But if you don't mind them, I'd say, carry on. For info on sexual health, go to bashh.org. Find your nearest sexual health clinic at nhs.uk.

DR PHIL SAYS: 'Look after your SHED – Sleep, Hydration, Exercise, Diet'

IT'S ALL ABOUT ME

Can kids get chronic fatigue syndrome, also known as ME?

Vivien, Coventry

Yes. A recent study shows that one in 50 16-year-olds has ME. Symptoms include disturbed and unrefreshing sleep, extreme tiredness and feeling wiped-out for several days after a busy period. It's the primary cause of long-term school absence. At 13, boys and girls are equally affected, but by 16, three times as many girls are sufferers. Luckily, treatment helps – the charity AYME (ayme.org.uk) can tell you how the diagnosis is made, offer tips for recovery and find your nearest specialist centre.

DOWN TO THE BONE

Why am I only allowed to take my osteoporosis treatment for five years?

Millie, Hastings

Sounds like you're probably taking a drug called a bisphosphonate. This helps combat osteoporosis by slowing bone loss, and reduces the risk of fractures. If you take it for too long, though, it can make your bones more brittle. We tend to stop prescribing them after five years (or three years for the more potent injectable forms). They hang around in the bone for some time after treatment is stopped, so the protective effect can continue. Your bones should then be monitored using a DEXA bone scan. For info, visit nos.org.uk.

HAVE YOU GOT A QUESTION FOR DR PHIL? EMAIL HIM AT dr.phil@revealmagazine.co.uk

FOR DR PHIL'S TOUR DATES AND NEW BOOK, STAYING ALIVE, GO TO drphilhammond.com Dr Phil regrets that he cannot reply to emails personally

The best ever soup remedies

Feeling horribly hungover? Or just no time to cook? Get your food fix in a bowl

THE HANGOVER SOUP

This does for a fuzzy head what chicken soup does for the common cold, taking the more nutritious elements of a fry-up breakfast and presenting them in a healthier, rehydrating soup. Salty notes come from the addition of Marmite and Worcestershire sauce, while the Tabasco introduces some spice to cleanse from the inside out.

INGREDIENTS Serves 4

400g cherry tomatoes
1tbsp Tabasco sauce
1 small onion, halved and thinly sliced
1 garlic clove, finely chopped
3tbsp Worcestershire sauce
250g portobello mushrooms, roughly chopped
750ml beef stock
400g canned haricot beans, drained and rinsed (240g drained weight)
1tsp Marmite
Salt and pepper to taste
Small bunch of parsley, roughly chopped
Tabasco to serve

METHOD

➔ Preheat the oven to 240°C/gas 9. Place half of the cherry tomatoes in a small roasting dish with the Tabasco sauce, a pinch of salt and a generous grinding of pepper. Roast for 15 mins.

➔ Sauté the onion and garlic on a low heat in 1tbsp Worcestershire sauce and 2tbsp water, stirring regularly to prevent them catching and burning. Add more water if necessary. After about 10 mins, when they're nicely browned and caramelised, add the mushrooms and remaining tomatoes and cook for a further 3-4 mins.

➔ Add the stock and haricot beans, bring to the boil and cook for 15-20 mins.

➔ Season with the remaining Worcestershire sauce, Marmite, and pepper if needed. Serve topped with the Tabasco-roasted tomatoes, some chopped parsley and Tabasco sauce on the side for an added kick.

Carbs 17.7g Sugar 6.8g Protein 10g Fibre 7.7g
Fat 1.5g Saturated fat 0.4g Salt 1.7g Calories 146



Taken from
Skinny Soups by
Kathryn Bruton.
Photography by
Laura Edwards.
Published by Kyle
Books at £14.99



THE QUICKEST TOMATO SOUP

Few things can beat a good tomato soup, and having a fail-proof recipe in your repertoire – especially one that only takes minutes to make – will stand you in good stead. The recipe accounts for those times when tomatoes are not in season, or when really good ones are hard to come by. If you're making it when they are in season, use all fresh.

INGREDIENTS Serves 4

500ml vegetable or chicken stock
2 celery sticks, halved
1 carrot, halved
1 small onion
1 garlic clove
½tbsp olive oil
500g mixed tomatoes, such as beef, plum and cherry, roughly chopped
1 x 400g can plum tomatoes
1tbsp red wine vinegar
Salt and pepper

METHOD

➔ In a small saucepan, bring the stock to the boil. Place the celery, carrot, onion and garlic into a hand-held mini blender and blitz until roughly chopped.
➔ Transfer to a medium saucepan with the olive oil and 1 tbsp water, and sauté for a couple of mins. Add the chopped tomatoes and cook for 2-3 mins longer, followed by the tinned tomatoes and stock.
➔ Simmer for 10 mins. Add the red wine vinegar, blitz until smooth, and season to taste with salt and pepper.

TIP As the calorie content of this tomato soup is so low, you can afford to be a little indulgent. Make a cream of tomato soup by adding 75ml cream once the soup has been blitzed. It will then be 105 calories per portion, but won't be dairy-free.

You can also add a bunch of basil before blending to create a basil and tomato soup.

**Carbs 10g Sugar 9.5g Protein 1.7g
Fibre 2.7g Fat 2g Saturated fat 0.3g
Salt 0.1g Calories 69**

A Reveal promotion

Play your part for a **BETTER INTERNET**



Safer Internet Day celebrates the web. Not only does it highlight the net's positive uses, it also helps parents ensure online is a safe environment for their children



Safer Internet Day takes place across the world on 9 February. It's a great way to encourage kids to be good digital citizens. Coordinated by UK Safer Internet Centre, its theme is 'play your part for a better internet'.

Organisations plan educational sessions for youngsters, promote the celebration on social media and share advice about staying safe online. And you and your children can join in too.

#shareaheart

Do you want to take part, and boost kindness and respect online? Just use #shareaheart to share a positive



message, or tell everyone what you love about the internet. Heart emojis are also encouraged!

There are many other ways to get involved and protect your child. Whether it's amending a device's controls or talking to kids about making sense of the internet, it all helps.



SUPPORTING SAFER INTERNET DAY

Internet Matters, a non-for-profit organisation working with online safety experts to bring parents free resources and advice for helping keep their children safe on the net, is supporting Safer Internet Day. They have tips and tools so you can help make the web a secure place...

Set up safe

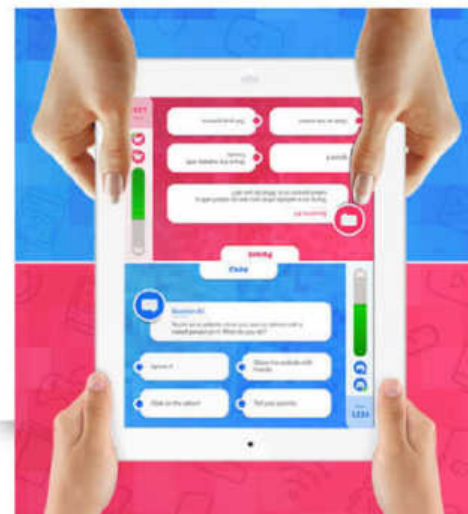
- By setting your child's new device up before they start playing with it, you can be rest assured they'll be safe from the word go.
- Parental controls on your broadband mean children can be prevented from seeing something they shouldn't.
- This can be done on smart phones too, via the mobile's network.
- To ensure your child doesn't accidentally share their location with other internet users, disable location services.
- Download age-appropriate apps and games that you're happy for them to play.

internet
matters.org



TEST YOUR CYBERS

Brought to you by Internet Matters, CyberSense is a new, free tablet app for eight to 10-year-olds that gets them thinking about internet safety. It's a great way to start a conversation with your kids about being safe online. Play fun quizzes to teach them to make smart decisions while on the web. Here's a taster to get you started...





TOP INTERNET MANNERS

Here are some tips on good online etiquette that will help both adults and children make the web a safer and kinder place to be.



- 1** Treat others as you would like to be treated.
- 2** If you wouldn't say it to someone in person, don't say it online.
- 3** People can't see your body language, facial expressions or hear the tone of your voice online, so don't over-use icons and punctuation to convey meaning.
- 4** Don't make a situation worse by provoking people even more.
- 5** Don't start rumours or spread gossip about someone online.
- 6** Don't make fun of someone in an online chat.
- 7** Post things that will inspire and motivate people in a positive way.
- 8** Make sure you don't create a negative environment in an online world or game through name-calling.
- 9** Include people in online games and social forums, and don't intentionally leave people out.
- 10** You can't retrieve material once it's sent or posted online, so if it might embarrass you or someone don't put it online.
- 11** Show consideration for other people's privacy.
- 12** Respect other people's time and bandwidth by avoiding posting too much information on the web.



ENSE

1 Whenever you set up a new profile online you should keep the following information set to private:

- a) Your real name and address
- b) What you look like/your photo
- c) Your telephone number
- d) All of the above

2 You're chatting online during a game to another player who you don't know. They ask you about where you live and which school you go to. What should you tell them?

- a) Just ignore the question and carry on playing
- b) Tell them that you don't give out that kind of information online
- c) Give them both your name and your school
- d) Your name, but not which school you go to

3 It doesn't really matter how you behave online, especially if no one can see your real name and knows it's you: True or False?

4 You get an email with a funny picture of a cat in it, but you don't

recognise the email address it's come from. But it's funny, so you can go ahead and share it with your friends: True or False?

5 You've been talking to a friend online for a while. You get along well and they've asked if you can meet up in person next week. What do you do?

- a) Arrange a time and place and agree to meet them
- b) Let the friend know that you won't meet them in person, but carry on chatting
- c) Let the friend know that you won't meet them in person and stop chatting
- d) Let the friend know that you won't meet them in person, and tell an adult about them

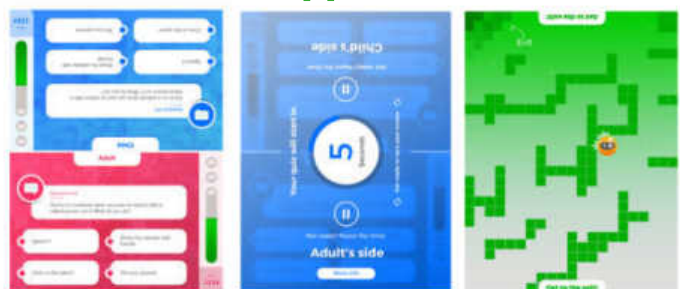
6 Your older brother or sister has been playing a new shooting game. It looks like fun, but the game says you need to be over 18 to play. Do you:

- a) Check with your parents before playing
- b) Play the game and not tell your parents
- c) Play the game, but tell your parents afterwards
- d) Play the game, but log in as your older brother or sister

Answers: 1.d, 2.b, 3.False, 4.False, 5.d, 6.a



Download the App now...



CyberSense is available to download from Google Play or Apple store





'DAVID'S DEAD!'

'David Gest is dead!' is undeniably one of the statements that will go down in *CBB* history. When David Bowie's ex-wife, Angie, told Tiffany Pollard, 'David has died', she mistakenly thought she meant fellow housemate David Gest, who had been unwell leading up to the event. Cue carnage – and a sequence of events that made TV gold.

MEGAN & SCOTTY'S SNOGS



Stephanie Davis and Jeremy McConnell's romance wasn't the only *CBB* love story. Viewers saw Scotty T and Megan McKenna smooch on numerous occasions – and he even cheekily gave her derrière a good squeeze when she went in for a cuddle wearing just a bra and knickers.



CBB BE



TIFF'S LUCKY NIGHT

A game of truth or dare led Tiff to lock lips with both Jeremy and Scotty T, after the pair teased her in the garden, getting on all fours in their pants. The US reality TV star declared Scotty the best kisser. 'I can tell you know how to eat some good p***y.' Err... TMI!



DARREN'S HEELS

He may have the deepest, gruffest voice in the house, but that doesn't mean Darren Day isn't tuned in to his feminine side. The former West End performer impressed viewers with his sexy hip moves as he did a catwalk-inspired stroll in a pair of heels.



TONY THE PONY

On her 35th birthday, Gemma Collins was given a special treat from *Big Brother* – a Shetland pony called Tony to walk for 15 minutes. ‘This could be the perfect fitness accessory,’ Gemma, who was rocking a pair of stiletto heels, squealed as she trotted around the garden.



JOHN AND DARREN'S FOOD FIGHT

In order for Gemma to win her birthday treat, the housemates had to sabotage gifts left for Gemma behind her back. Darren and John's fake food fight, which included the age-old comic move of custard pie in the face, had us all in stitches. What an Eton mess!



ST BITS

Here are our highlights of what can only be described as another bonkers series for the hit reality TV show...



MEGAN'S MELTDOWN

The *Ex On The Beach* star went on a foul-mouthed rant aimed at John and Tiff, which resulted in her receiving a warning from *Big Brother*. It was claimed that Megan's hunger and fatigue mixed with alcohol was to blame for the OTT outburst. Someone give the girl a Snickers!



GEMMA'S NON-ESSEX BLOW-DRY

Having complained to *Big Brother* that her 'expensive' human hair extensions had been ruined due to the lack of heated rollers in the house, Gemma was rewarded with a blow-dry. Unfortunately, it wasn't up to her Essex standards. 'There's blow-drys and there's blow-drys,' she lamented.



STEPH'S STRESSES

From her explosive row with Gemma, where she called her a 'lion-headed c***' after Gemma said she shouldn't be flirting with Jeremy, her meltdown over her knickers, to her falling-out with Danielle after Danni Westbrook said she'll never work again, we can't deny former *Hollyoaks* star Stephanie has been legendary to watch on TV!

Lisa Blake

Photos: Channel 5, WENN

7days

REVEAL'S CARENA CRAWFORD PICKS THIS WEEK'S TV HIGHLIGHTS

THE 100

It's the third series of the hit post-apocalyptic drama that pulls no punches. Three months have passed since the tragedy at Mount Weather and our heroes learn a bounty has been put on Clarke's head. She's gone off on her own, but a team led by Bellamy and Kane journey deep into Grounder territory to save her. But will their previous truce with the Grounder community still stand? Meanwhile, Murphy finds his way to the mansion where he discovers a very different Jaha who's now on a very different mission. Will Murphy be a part of that?

E4, WEDNESDAY 17 FEBRUARY, 9PM



DON'T MISS

The second half of series six of *The Walking Dead* comes to Fox on Monday 15 February at 9pm. Rick and the gang once again get cornered by the walkers, and cover themselves in zombie innards, to mask their scents and get away...

THE PEOPLE VS OJ SIMPSON: AMERICAN CRIME STORY

It was the celebrity trial that gripped the world when OJ Simpson went on trial for double murder after the bodies of his ex-wife, Nicole Brown Simpson, and waiter Ronald Goldman were found. An all-star cast are featured including Cuba Gooding Jr in the title role, and John Travolta as defence attorney, Robert Shapiro. Former *Friends* star David Schwimmer is taking on the part of Rob Kardashian – another of OJ's defence team and father to the now infamous clan, and Selma Blair will play his then wife, Kris Jenner. As behind-the-scenes dealings on both sides steered the course of the case, what was it that put reasonable doubt in the jury's mind?

BBC2, MONDAY 15 FEBRUARY, 9PM



GOGGLE

Sticking with its winning formula, Channel 4 is bringing the Goggleboxers back for a seventh series. All our favourites will return – including the Saddiquis and the Moffatts, best friends Sandra and Sandy, lovable Leon and his wife, June, and posh tipplers Steph and Dom – to round up the week's telly for us. With no-holds-barred opinions, they'll tell us exactly what they think of what we've been viewing, from Saturday night entertainment big hitters to drama, soaps, the news, documentaries, or even the odd film or two. Whether they love it, hate it, or simply aren't bothered by it, they'll be sure to let us know.

C4, FRIDAY 19 FEBRUARY, 9PM



DON'T MISS

Season two of *Better Call Saul* premieres on Netflix UK on Tuesday 16 February. With new episodes available weekly, we'll continue on the twists and turns of Jimmy's journey towards becoming his Breaking Bad alter ego.

BOX



THE EE BRITISH ACADEMY FILM AWARDS

Stephen Fry is our host for an evening of red-carpet glamour as all the big names in film hope they'll win a BAFTA. Cate Blanchett's *Carol* and Steven Spielberg drama *Bridge Of Spies* lead the way with nine nominations each, but can they beat off stiff competition from *The Revenant*, *The Big Short*, and *Spotlight* in the Best Film category? And is this finally set to be Leonardo DiCaprio's year? Or will Eddie Redmayne make it a BAFTA double? Tune in to find out who will walk away with the famous gold masks.

**BBC1, SUNDAY
14 FEBRUARY, 9PM**

THIS WEEK'S SOAP HIGHLIGHTS

EastEnders



ABI'S BABY BOMBSHELL

Ben is torn by Abi's baby news and turns to Paul for support. Whitney gets involved, putting doubts into Ben's mind over whether Abi's really pregnant, so Ben confronts her. When an unsupportive Phil gets involved, Ben decides to stick by Abi and be a better father than his own dad. But what does this mean for Paul?

BBC1, MON & FRI, 8PM, TUE & THU, 7.30PM

TRACY THREATENS CARLA

Tracy follows Carla to a room at a hotel, where she tells her she knows about her night with Robert. Carla admits it, but insists Robert and Tracy weren't together at the time. When Tracy finds out Robert's booked the honeymoon suite for her, not Carla, she leaves. But will she keep Carla's secret?

ITV, MON & FRI, 7.30PM & 8.30PM, WED, 7.30PM

Coronation Street



Emmerdale



RHONA FINDS OUT

With Paddy clearly distracted, a suspicious Rhona goes through his phone and discovers he's been having an affair with Tess. As Paddy tells his crushed wife he's sorry, she's left reeling when he tells her it was about more than just sex. Rhona tells him she can't forgive him, but wants to keep up appearances so they can push ahead with the adoption.

ITV, MON-WED, 7PM, THU, 7PM & 8PM, FRI, 7PM

HOLLY WANTS ROBBIE

It's Jason's stag do, but Robbie is struggling with organising it, desperate to win his brother's bride-to-be for himself. Rob hires a stripper, but a furious Holly turns up and is even more angry when Robbie kisses the woman. With Holly realising her feelings for Robbie haven't gone away, she's soon asking to meet, but what will happen when they do?

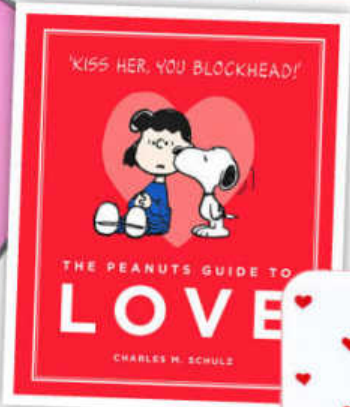
CHANNEL 4, MON-FRI, 6.30PM

Hollyoaks





£75, urbanoutfitters.co.uk



£7.99, Waterstones

£20.82, bando.com



LOVE ME LIKE YOU DO

If you can't bear to be out of touch with your partner, Bando's heart-decorated portable mobile charger is the perfect way to avoid the dreaded '10 per cent battery' alert. Meanwhile, this 'Crazy in Love' light is great for all those Beyoncé-style declarations of lust! Feeling a little challenged in the relationship department? Follow Charlie Brown's lead with *The Peanuts Guide To Love*.

LOVE NEST

If you can't afford to splurge on a big night out for Valentine's, why not transform your home into a romantic haven? These Love Hearts tea lights are great for a candle-lit dinner, while this Little Miss Valentine mug has also earned a spot in our kitchen.

And, of course, no love-fest is complete without a gorgeous bouquet of flowers!

£6.99, truffleshuffle.co.uk



£4.99, asos.com



£25, True Love Bouquet, Marks & Spencer

BUZZ-O-METER

VALENTINE'S DAY SPECIAL



£10, Sainsbury's



£25, Selfridges



£6, Marks & Spencer

A HEARTY FEAST

February 14 is a great excuse to fill your home with sweet treats! This delicious white chocolate cake with a red heart hidden inside the sponge is pure indulgence. Planning a cosy night in? This retro-themed popcorn set from Sainsbury's is perfect for movie night. And, if you fancy celebrating with a drink, try out this pink vodka.

SINGLE, NO MINGLE

If the thought of Valentine's leaves you feeling a little nauseous then have no fear, we've got you covered! Following the wise words 'food before dudes', this *Pizza Is My Boyfriend* mirror is a must for your handbag. If you're totally over romance, make a statement with these What Ever earrings. Finally, let us introduce you to the single girl's new best friend, Chelsea Handler's 'Gotta Go!' app. The ultimate saviour for dating nightmares, the free app allows you to program texts and calls to interrupt a hellish date – an easier option than climbing out the bathroom window of a restaurant!

£11.99, truffleshuffle.co.uk



£5, La La Land



Olivia-Anne Cleary

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Love it!

Reality TV star **Vicky Pattison**, 28, reveals her love of Tom Hardy and why a badger is her spirit animal



FAVOURITE TV SHOW?

The Great British Bake Off. I'm a huge fan, I got bang into the last series. I met Nadiya on *Loose Women* and I was absolutely buzzing. She made me a millionaire shortbread chocolate toffee fudge cake – I literally inhaled it, it was so good.

ANIMAL?

Badgers. They rifle through people's bins to find rotten berries and get drunk off them. So badgers are basically walking around p****d all of the time.



PIECE OF ADVICE?

Be yourself because everyone else is taken!

SHOP?

Topshop. I much prefer high street. Don't get me wrong – I love a pair of Louboutins and a Prada handbag, but you only need one key designer piece to pull an outfit together. I don't think you have to spend a fortune to look good.

SONG?

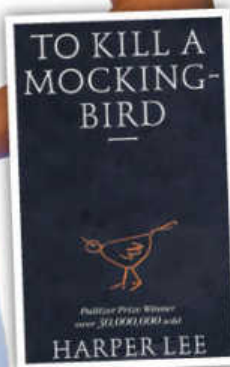
Can't Feel My Face by The Weeknd. It reminds me of going out and a really sick weekend in the summer when a bunch of my lad mates from Essex came up to Newcastle.

ITEM OF CLOTHING?

I live in trackies. I hate grown-up clothes. The only time I can abide them is when I'm out on the lash.

BEAUTY ITEM?

Batiste Dry Shampoo. I've always got one in my bag with me.



BOOK?

To Kill a Mockingbird by Harper Lee. I was 13 when I first read it and very impressionable, it really resonated with me. I love Atticus Finch so much.

CELEBRITY CRUSH?

Tom Hardy. He acts like he's a bit naughty and mysterious, which is right up my street! If anyone looks like they're trouble they've got my name written all over them. Tom Hardy, give us a ring, mate!



The Vicky Pattison Mini V Nutrition on-demand fitness & lifestyle service is available from minivnutrition.com



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the hay is
Aussome
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No thanks*

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